



Cerebral Palsy United Football Club NEWSLETTER

“Be the Best you can Be”

ISSUE 27 – NOV/DEC 2017

CP UNITED – UPDATES

Fixtures update for u17 & younger:

As you know there is lots of work going on behind the scenes to organise fixtures and playing opportunities. This is going well and we have some confirmed and in the diary for after Christmas. We will give you a fixture list for the U8, u12, u14 and u17 age groups asap. If we manage to get some booked this side of Christmas we will also let you know asap. **PLEASE BE PATIENT** with us.

Growth since August

We have had 27 players across all age groups enquire about coming to play at CP United so far 19 of them have been along to training and are now part of our club. It's great to welcome so many new faces. Please help us to keep spreading the word about playing opportunities.

ADULTS



Well done to our adults over in Ireland who had a win and a great experience. Thanks to Ricky and ROI for hosting us. We are really looking forward to hosting the ROI junior squads in the new year.

Adult players please remember as decided in the pre-season meeting fines are in place for those who do not come ready in CPUFC kits, come late or do not let anyone know whether they can attend or not...PLEASE help us to keep standards high and live our club values. From now until Jan please use Dan as your main contact for the adults. PLEASE ALSO MAKE SURE THAT YOUR REGISTRATION FORMS HAVE BEEN COMPLETED AND HANDED IN TO RUTH ASAP.

HOME FIXTURE – CP LEAGUE – SAT 25th NOVEMBER

The next fixture for the adults will be at Partington on Saturday 25th November.

HELP WANTED

As this is a full day for the whole of the club it would be appreciated if all those involved in the FUTURES PROGRAM who are not playing would help out. ALSO ANY parents/carers/supporters who are available on the day we will need assistance with buffet food contributions, car parking, helping on the Boot Café, please let Michelle/Ruth know asap. ALL YOUR HELP IS VERY MUCH APPRECIATED THANK YOU J

TALENT PROGRAM

****PLEASE NOTE ON SATURDAY 25TH NOVEMBER****

Due to the adult home fixtures this means there is a change to the programme for u17, u14 & u12 talent program groups on this date - Their program for this day:

*9.30-10.30 Training
*10.30-11.30 Strength & conditioning/classroom session
*11.30-12.30 Recovery session in the pool or foam roller session for those who don't want to do the pool.

*12.00 -1.00pm Dinner together

*1.00-3.00pm Watch adult games with observation tasks

Please note this is a full day “Camp” so please attend if possible and we are using it as an opportunity for an education day. If you can't attend all day please let Michelle know asap.

Sponsor Money

Any outstanding sponsor money from the mountain walk please hand in by Sat 18th Nov or transfer through to bank account. Anyone who didn't take part in the walk and has a football card or has any other ideas to raise money please let Michelle or Ruth know by 18th Nov. If you need more time to collect or raise the money please let us know. Thanks J



CHRISTMAS SOCIAL

We are looking to have the Christmas Social on Saturday 16th December time and place to be confirmed.

Please let us know ASAP if you can attend or if you have any ideas of where you would like to go. Many thanks.



CP UNITED SANTA DASH SAT 9TH DECEMBER FUNDRAISING EVENT FOR ALL GROUPS

£3 to take part/donate

Please wear a santa hat (& suit if you want to) Run/walk/jog around grass pitches at Partington. All parents and families welcome to join in (must wear hat. We have a limited amount of hats to borrow or you can get them in the discount stores.)

National Winners 2017

FA Charter Standard Development Club of the Year



FA CHARTER STANDARD
DEVELOPMENT CLUB

CEREBRAL PALSY
UNITED FC



@CP_United_FC

info@cpunited.co.uk

www.cpunited.co.uk



Cerebral Palsy United FC



TOTS, FOUNDATION & EARLY DEVELOPMENT PHASES

Games for Foundation phase this month on 11th November at Partington 12-2pm
U8, u12 & early development group (u14) playing v Stoke and Chaddy Park.

On 25th November times will be 1-2 as normal. If you would like to come along earlier and support our adult team please feel to do so and to stay a bit later for some food J



CHRISTMAS SOCIAL

Sunday 17th December – 3.00 – 5.00 pm

LA Bowl - Warrington

£7.45 per person includes meal and game of bowling.

PLEASE LET MICHELLE KNOW IF YOU CAN ATTEND ASAP SO THAT WE CAN BOOK IN THE RIGHT NUMBERS..

(Some of our older players 12-16 who access these groups are welcome to come along to the Saturday social if they feel it is more appropriate for them).

FIXTURE – WARRINGTON INCLUSION LEAGUE

Well done to everyone who attended the Warrington fixtures in October & a big thank you to Ciarán for covering Michelle at the last minute to ensure our players didn't miss out on game time J



The next fixture at Warrington will be Monday 27th November at Orford Jubilee Centre, Jubilee Way, Warrington, WA2 8HE. Please let Michelle know if you would like to come and play. We will meet in reception at 6.40pm, KO will be 7pm and finish at 8.30pm. (For all players age 9-13 year old).



IMPORTANT NOTICE FOR ALL GROUPS

PLEASE MAKE SURE THAT YOU HAVE FILLED IN ALL THE APPROPRIATE PAPERWORK FOR THE FORTHCOMING SEASON IF YOU ARE UNSURE PLEASE SPEAK TO YOUR COACH OR RUTH ... ALL FORMS MUST BE COMPLETED AND HANDED IN BY 18TH NOV AS WELL AS PAYMENT OF REGISTRATION FEES.

SPONSORSHIP & DONATIONS

CAN WE PLEASE REMIND EVERYONE THAT REGISTRATION FEES AND MONTHLY PAYMENTS CAN BE MADE VIA STANDING ORDER:

You can do this using the details below or if you prefer to pay cash that is fine too. Any help you can give makes a big difference. (If you would prefer to pay cash please let us know)

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB

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FUNDRAISING & SPONSORSHIP

THANK YOU

To Tommy Loughran & Sister Shakes for their kind donation of money collected in the shop.



Jamie's Great Grandad, Ron Bate visited us last week. Sadly Ron's wife Irene passed away in September and she requested that instead of flowers if anyone wanted to make a donation that's what she'd prefer as she wanted to pass on any donations made in her name to us at CP United. We are all so touched by this kind gesture and want to thank Irene and all of Jamie's family. Ron it was lovely to meet you and chat about Irene, she sounds like a lovely lady. You are very welcome to come down anytime for a hot chocolate and a chat and to watch Jamie and his friends play.

COLLECTION FOR FOOD BANKS/HOMELESS

We will have a big box at Partington from 11th Nov – 9 Dec for a collection for food banks/homeless if players would like to bring in 3-5 items of either food/toiletries we will organise to take these to the official collection points on 9th Dec.

If you are unsure as to the type of items they collect please go to: <https://www.trusselltrust.org/what-we-do/>

CLUB SHOP

For those players who still need kit or need to replace old/lost kit please visit our online club shop. Please follow this link...

<http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitiedfc/>



You will need to register as a member before you can buy anything *please note you may have to attach the club badge to garments if it is not already assigned to the item.

We are now officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!



THIS WILL BE THE LAST NEWSLETTER BEFORE WE FINISH FOR CHRISTMAS PLEASE NOTE THAT THE LAST DATES FOR TRAINING ARE:

PARTINGTON : Saturday 9th December
LIVERPOOL: Monday 11th December
CHESHIRE: Thursday 30th November

WE START BACK ON:

PARTINGTON: Saturday 13th January 2018
LIVERPOOL: Monday 15th January 2018
CHESHIRE: Thursday 18th January 2018

Remember Our Club Values:

- Be kind
- Show respect
- Look after each other



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