



Cerebral Palsy United Football Club NEWSLETTER

“Be the Best you can Be”

ISSUE 30 – MARCH 2018

ADULT PROGRAM

FECPC - BARCELONA – 2018

Dates: June 6th - 10th

Arrive Wed 6th, games Thurs - Sat. Leave Sun 10th.

We are in the process of organising this but we do need to know who is interested in attending so confirm to James/Michelle ASAP.

FOR THOSE WANTING TO GO PLEASE REMEMBER THAT FUNDRAISING IDEAS NEED TO BE SUBMITTED AND ACTIONED ASAP

ADVANCED PROGRAM

PLEASE NOTE FORTHCOMING FIXTURE DATES:

-Fixture for u12 in the Manchester Ability Counts league Fri 6th April.

-Fixture v MUFC Ability Counts teams (u16 and u12) at the Cliff training ground on Friday 16th March KO 7pm & 6th April.

- U16 group will play in the next round of the FA Peoples Cup on SUNDAY 25th March at Manchester Central Power League 20 Union Street. Manchester. M12 4JD

TOTS/FOUNDATION

AND DEVELOPMENT GROUPS

WARRINGTON INCLUSION LEAGUE: Next Fixture Date:

Monday 26th March 2018.

FUTURES PROGRAM

FA LEVEL 1 COACHING COURSE– During the Feb half term Eamonn Dolan, Jonty Pattinson, Dale Smith, Holly Nicholson, Eden Fox all completed the first part of their FA Level 1. They all did very well and will complete the course in April during the Easter holidays.

Also, well done to Ben Meadows who has been selected to sit on the Liverpool County FA Youth Council.

WATER & SINGLE USE PLASTIC BOTTLES



In an aid to help the environment can we please ask that **ALL** players ensure they bring their own water bottles clearly labelled with their name on them. We have spare

bottles of water in stock but we are buying more and more each week and throwing away a lot more at the end of training (some bottles have only had one sip out of them!!!). Please try and bring your own RE-USABLE water bottle. THANKS.

ALL PROGRAMS - CHELSEA TOURNAMENT



We have registered for this event at Chelsea on:

Saturday 26th May 2018

Cobham, Chelsea's training ground

FOUNDATION

We have entered teams to play in the U8s, U12's, U16's and Adults age groups.

This a great opportunity and a great day out for the Club. We are looking to provide transport so in order to get this organised can you please let us know if you are available to play or if you just want to come and support please let us know ASAP. Please see Ruth in the community room. As we will need to know numbers for transport arrangements etc. THANK YOU.

CP SPORT #CP CAN CAMPAIGN



Over the next couple of weeks we will be supporting CP Sport's Campaign '#CPCan' which will be going on during March for Cerebral Palsy Awareness

Month. The campaign is about demonstrating what people with Cerebral Palsy CAN do. Raising awareness and the range of opportunities that are available across the country to support people with CP to reach their life potential through sport and physical activity. To show support of the campaign we will be taking pictures of individuals and teams holding up a #CPCan poster which CP Sport will be sharing on social media.

Throughout the month CP Sport are encouraging supporters and followers to send in their pictures and stories entering each person into a prize draw. If you would like a copy of the poster please see Ruth in the community room.



SPARE KIT & BOOTS

We have some old spare CP United Kit and Football boots which have been donated by players which they have outgrown –these will be out on display if you would like to take any please feel free to come and try on or ask Ruth/Brian.

EASTER RAFFLE

We will be doing an Easter Raffle as part of the fundraising for Barcelona & help towards transport costs for the Chelsea Tournament. If anyone has anything they would like to donate to raffle please pass them on to Ruth. THANK YOU.

National Winners 2017

FA Charter Standard Development Club of the Year



FA CHARTER STANDARD
DEVELOPMENT CLUB

CEREBRAL PALSY
UNITED FC



@CP_United_FC

info@cpunited.co.uk

www.cpunited.co.uk



Cerebral Palsy United FC

Registered Charity Number: 1175709



“OUR CLUB BADGE”



When CPUFC was formed in 2014 we asked a number of players and coaches (in what was the u16 NW Regional Talent centre at the time) to come up with ideas about a club badge to show our identity and what we wanted the club to be about.

We had some great suggestions and discussions about what the club was about; DEVELOPMENT was and is the key factor along with BELONGING and TOGETHERNESS. Lots of ideas were shared which resulted in the creation of our badge.

-Circle design: This represents the never ending cycle of development

-The football in the middle: This represents what brings us together. There was lots of debate about the centre of the badge and how we could represent "CP" however the conclusion was it wasn't about CP it was simply about football.

-The 3 stars: These represent the 3 phases of development we have Foundation phase (including Tots), Development phase and Adult phase. Lots of players wanted to add the stars as it gave the badge a better look, but usually stars represent trophies won. This was something we did not want to have on the badge so when asked to come up with what else could the stars represent (ideally relating to development) this is what they came up with J

FUNDRAISING & SPONSORSHIP

THANK YOU

Thanks to I.N.S for your kind donation it will make such a difference. Thanks also to Julie Ann for bringing the cheque and the cakes. 😊



Big thank you again to Fiona Wright and Ann-Marie O'Connor from George Cox for buying us some new goals and ball pumps which are now very much in use!!!

Thanks also to Gary Sysocki for his donation of £180.

CLUB SHOP

For those players who still need kit or need to replace old/lost kit please visit our online club shop. Please follow this link...

<http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitedfc/>



You will need to register as a member before you can buy anything *please note you may have to attach the club badge to garments if it is not already assigned to the item. We are now officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!



HOW WE SUPPORT "

Safeguarding:

As part of our FA charter standard status all coaches are up to date with their safeguarding qualifications. Recently our committee members and trustees have also/are also completing the FA online safeguarding course. As a club we follow best practice guidelines and want to ensure EVERYONE feels safe and welcome at all times.

Our Club Welfare Officer is:

Andy Ridgway: 07732 825127

We are in the process of appointing another officer (Phil Coney) as the club continues to grow so does our commitment to this very important element of the club. All welfare and safeguarding matters are confidential. (Please see club website for more safeguarding support and links to other support organisations).



Dan Carter:

We are very lucky to have Dan Carter as part of our staff, as most of you will be aware Dan is a sports psychologist and can offer support to our players regarding their development and any challenges

they may face as an athlete.
<http://cartersportpsych.co.uk/>

Maximum Edge:



Maximum Edge are a very welcome addition to our club and a long term support to all players, staff and families. Maximum Edge focus on lifestyle management and support. For more information and opportunities to link in with them please contact any of the coaches and we can help you set it up.

<http://maximumedge.org.uk/>

Both Maximum Edge and Dan Carter have podcasts which reinforce all what they talked to the players about so please go on their websites and take a look J

DONATIONS

CAN WE PLEASE REMIND EVERYONE THAT REG FEES & MONTHLY PAYMENTS CAN BE MADE VIA STANDING ORDER: You can do this using the details below. Any help you can give makes a big difference. (If you would prefer to pay cash please let us know).

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB

Remember Our Club Values:

- ⚽ Be kind
- ⚽ Show respect
- ⚽ Look after one another

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