



**FIXTURE REVIEW**



**DUBLIN 30<sup>th</sup> MARCH 2019**

What a fabulous day we all had! Thank you to Ireland CP Development for organising such a fantastic event. They really went above and beyond to make us all feel very welcome. It was great for our players to experience CP specific games versus teams from other countries (Rep.Ire, N.Ire, Scotland and the USA) You all did the club and your families proud and kept the coaches very entertained all day. THANK YOU to all parents and family members who came along to watch, your support as ever is very much appreciated. The day was more than football and we saw lots of social and psychological development take place too. WELL DONE to all and thanks to all coaching staff, committee and Trustee members who came too. Special mention to Ben and Hayden from our adult's squad who gave up their time to come and help their younger club mates. We had a Great day of memory making!



**PEOPLES CUP**



Congratulations and well done to our u16 advanced squad who qualified through the Regional semi final rounds of the People's Cup a couple of weeks ago and have made it into the finals at SGP on **Saturday 27<sup>th</sup> April**. This is quite an achievement considering they are playing v PAN disability teams and

the majority of our players are playing up 2-3 age groups. We will be putting on a coach from Partington for them and their families to attend. The coach will leave Partington at 7.15am. We will still be on Easter break from training this weekend so would encourage people to come along and support your club mates. We are looking forward to a great day out! Please let Ruth know by **11<sup>th</sup> April** if you will be coming to support how many places on the coach you would like. The coach will cost **£5** per junior and **£10** per adult. Let's fill the coach and support our lads with this fantastic achievement.

**"IN- HOUSE" END OF SEASON FESTIVAL**

On **Saturday 11<sup>th</sup> May** we will be having a games day for Foundation and Development phase groups 1-2pm at Partington Sports Village. Children from our Blackpool, Cumbria, Liverpool and Cheshire centres are all invited to come and take part in a World Cup themed in-house games day. We will also have a buffet afterwards in the community room 2.15-3pm. We look forward to seeing you ALL there for what will be a really fun day.

**FORTHCOMING FIXTURES & EVENTS:  
ALL GROUPS – IMPORTANT DATES**

**Easter break dates:**

There will be **NO** training at the following venues on the following dates:

- Partington: 20<sup>th</sup> & 27<sup>th</sup> April**
- Liverpool: 22<sup>nd</sup> April, 29<sup>th</sup> April (Warrington fixtures)**
- Blackpool: 15<sup>th</sup> & 22<sup>nd</sup> April**
- Cheshire: 17<sup>th</sup> & 24<sup>th</sup> April**
- Kendal: 10<sup>th</sup>, 17<sup>th</sup> & 24<sup>th</sup> April**

**Remaining training dates after the Easter break**

- Partington: 4<sup>th</sup> & 11<sup>th</sup> May**
- Liverpool: 6<sup>th</sup> & 13<sup>th</sup> May**
- Blackpool: 29<sup>th</sup> April through till July**
- Cheshire: 30<sup>th</sup> April & 14<sup>th</sup> May**
- Kendal: 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> & 22<sup>nd</sup> May (next dates after that TBC)**

**Fixtures April/May/June:**

**\*April**

**Foundation & Early Development Phase**

**Sunday 7<sup>th</sup> April**, Newtown festival - meet 11am WR142BW

**ADULTS:**

**Sunday 14<sup>th</sup> April** v GB Amputees at Reesheath College meet there 9.30am

**U16 Advanced**

**Friday 12<sup>th</sup> April** – Manchester Ability Counts league, Salford Sports Village M7 3NQ, please meet there at 6pm

**Saturday 27<sup>th</sup> April** Peoples Cup finals, meet at Partington 7am or meet at St Georges Park 9.30am

**Foundation & Early Development Phase**

**Monday 29<sup>th</sup> April** – Warrington inclusion league meet at reception of Orford Jubilee centre 6.40pm

**\*May**

**Foundation & Development Phase Groups**

**Saturday 11<sup>th</sup> May** in house end of season festival – Partington Sports Village (See over)

**Adults**

**Friday 17<sup>th</sup> May – Sunday 19<sup>th</sup> May** – Dublin Trip v Ireland Dev squad and Austria senior squad. Meet time at LJL airport 7.45pm Friday 17<sup>th</sup> May. Further info to follow.

**U16, u13 & U11 Advanced Groups**

**Saturday 25<sup>th</sup> May** – CP Sport Junior Football Festival – Mansfield Training Academy, The RH Academy, Woburn Lane, Mansfield NG19 74T (meet there times TBC)

**\*June**

**U16 & u 12**

**Sunday 9<sup>th</sup> June** – Mixed PAN disability Tournament St Georges Park, times TBC

**Adults & U16's**

**Sunday 23<sup>rd</sup> June** – GB Amputees at Reesheath College meet there 9.30am

**Wednesday 26<sup>th</sup> June – Saturday 29<sup>th</sup> June** – George Best Tournament, Belfast. Meet times TBC





**SAVE THE DATE –**  
**SATURDAY 6<sup>th</sup> JULY 2019**  
**PARTINGTON**  
**CP UNITED – END OF SEASON**  
**WORLD CUP THEME BBQ**

**(The World Cup fun hasn't ended....this summer we have a CP World Cup taking place in Seville and a Women's World cup taking place in France)**

**If you can help on the day please let us know. We will need:**

- Raffle Prizes
- Microphone & Speaker
- Ticket printing
- Bunting/Decorations
- General help with set up on the day
- Cakes and Drinks 😊

If you have or know of anyone that you think can make the day extra special for everyone then please let Ruth know. All your help is very much needed & appreciated.

**NEW SESSION**

We will be launching a new Adult development group next season and will be doing taster days on Saturday for this on **Saturday 4<sup>th</sup> and 11<sup>th</sup> May 1-2pm**. If you know anyone with CP/ABI age 15 plus who has limited mobility and/or limited experience of football please pass on our details to them.

**NEW CP UNITED CENTRES ACROSS THE NW REGION**

We are pleased to announce that in February we launched more coaching sessions in two new parts of the NW Region:

**CUMBRIA : KENDAL**

Venue: Kendal Leisure Centre, Burton Road, Kendal LA9 7HX

Time: 5.00 – 6.30 pm

Contact Pete Nicholls: [pnicholls685@gmail.com](mailto:pnicholls685@gmail.com)

**LANCASHIRE: BLACKPOOL**

Venue: St Georges School, Cherry Tree Road, Blackpool FY4 4PH

Time: 6.00 – 7.00 pm

Contact Alan Williams: [alwhufc@sky.com](mailto:alwhufc@sky.com)

**We have also started back at CHESHIRE**

Venue: Cheshire County FA Football Centre, Moss Farm, Northwich, Cheshire CW8 4BG

Time: 5.00 – 6.00 pm Contact: [info@cpunited.co.uk](mailto:info@cpunited.co.uk)

**LIVERPOOL** – Sessions continue every Monday

Venue: Liverpool County FA Soccer Centre, Walton Hall Avenue, Liverpool L4

Time: 6.00 – 7.00 pm Contact: [info@cpunited.co.uk](mailto:info@cpunited.co.uk)

This increase in provision means we are now providing 9 sessions in 5 different parts of the Region, covering 2,500 square kilometres on 4 days of the week!

**WELL DONE to all involved!!!** This is quite an achievement and see's us hit our 5 year plan target on time. 😊

**Remember you can access any of these centres throughout the week, just let us know you are coming by contacting one of the staff or contacting us via the club email [info@cpunited.co.uk](mailto:info@cpunited.co.uk)**

**SPORTS GLASSES FOR PLAYERS**



Due to recent rule changes made by the FA, ALL players who wear glasses when they are playing will need to ensure they are approved sports glasses. Glasses MUST have plastic lenses, plastic frame and a strap to secure them to the head. Glasses that have a metal frame, a glass lenses or no head strap will have to be removed.

This rule change will affect a number of our players and we want to do all we can to help. We are trying to be as proactive as possible and take steps to try to help provide our players with protective eyewear for all who require lenses to play. (if this is not something you can obtain yourselves) We are looking into a provider to signpost you too and also looking into some fundraising specifically for this, to ensure this is not a barrier for players to play.

From research done so far it looks to cost around £160 to purchase a pair of sports specific glasses. If you know of anyone who works as an optician or in the visual support community who might be able to offer some further advice and guidance please speak to Michelle asap as we will work together with our welfare officers to get things in place asap.

Our advice in the meantime if you/your child wears glasses to play in is to please speak to your own opticians ASAP regarding the glasses you currently wear.

**PLEASE REMEMBER**

When attending football sessions, whether it be training, festivals, competitions to make sure you have ALL your equipment – correct boots, shin pads, water, black shorts/black socks, goalie gloves – **it YOUR responsibility as a player to have all that you need with you at ALL TIMES!**

**SAFEGUARDING UPDATE:**

Due to the growth of the club this past season we have now expanded our Safeguarding officer posts to three to ensure everyone is cared for and looked after correctly from a safe guarding point of view:-

**Colin Scholes – Manchester/ Cheshire/Cumbria**

**James Trafford – Manchester/ Liverpool**

**Alan Williams - Lancashire**

All the above are now in post and we will be introducing them properly to you over the coming weeks. We will also be sharing our revamped safeguarding procedures with you all soon too.

**Thanks to Colin, James and Alan for taking on this responsibility and helping our club to be the best it can be.**

**CP UNITED FC FILMSTARS**



Our very own George from the tots group has recently starred in the new Jack Carroll film Eaten by Lions, it premiered last week and is now out on release. Well done George we look forward to seeing you up on the big screen.



Liam Scholes one of young leaders recently starred in the ITV drama Butterfly and can soon be seen in the new hit series Peaky Blinders ....



## COACHES CORNER – MICHELLE WILCOCK



As we are coming to the end of the season and still have lots of fixtures left to play across all age groups I wanted to take the opportunity to thank all parents, family member and friends for your continued support of our club both on and off the pitch. This season we have raised more than ever before through kind donations and people undertaking sponsored events to help us keep up with the growth. We have also seen another season of continued support at fixtures not just in getting players there but also in watching respectfully from the sidelines.

We have had more games than ever before this season across all the different programs and hope to continue that into next season. Your support in getting players there and responding quickly to messages about availability is extremely helpful in allowing us to keep pace with the players appetite to play more and more games...so thank you and please keep this up!

Over the coming weeks we have some competitions to attend which is great for the players as they enjoy it so much and learning how to compete is a big part of their development.

I just wanted to thank you in advance for your support at these events and also remind everyone that the "competition" part is for the players. We as coaches are there to guide them and help them to compete and ultimately develop.

Your role as parents and spectators is also vital in terms of helping us, to help them too. Helping players to succeed, to learn, to develop and to be the best they can be is definitely a team effort and with us all working together we can help our players get the most out of the experiences they are having.

Just being there to support, cheer on and encourage as a parent...(not a fan) helps us create a positive environment for our players. If we as parents/spectators and coaches "support" as a fan, this becomes quite unhelpful to the players.

So my message to all coaches, parents, family members, volunteers, friends over these coming months of competitions is: Please lets all try to avoid getting caught up in the emotions of the event, the game or the moment as the players do feed of this and internalise it and on top of trying to manage their own emotions it all becomes quite hard to stay focused and concentrate.

As ever please DO NOT shout/or give any instructions to the players (please leave this to the coaches) as again this is unhelpful and can be extremely confusing when the players are trying to make their OWN decisions. Its NOT our game its THEIR GAME to play, to experience, to learn from and to develop in. I know I nag about this all the time and I know we are ALL proud of our players, our club and our children and that is such a positive thing and it is certainly very much appreciate by me personally, but for development to take place we need to all be on the same page so you will get little reminders from me every now and then 😊

My message to all our players taking part in competitions and fixtures is: You are ready! You have worked hard all season on lots of different things and we just need to trust in ourselves and in each other and try our best. The outcome always takes care of itself if we get the journey right and we will ALWAYS come out winners if we stick to our philosophy and our club values and beliefs. ENJOY every minute! Go and learn things! And make good memories 😊

**PLEASE NOTE MICHELLE HAS A NEW CONTACT NO: 07706 285811**

## SPONSORSHIP AND DONATIONS

# THANK YOU

After our appeal at the start of the season regarding fundraising, we have had lots of people come forward and offer to help. Every penny raised is helping our club/charity to keep growing!

Thank you to everyone who has raised money so far and all who have put their names down to do something throughout the next few months.

A VERY BIG THANK YOU TO:



**Eamonn's Dad Joe Dolan** – for fundraising £1,110 via his company Watson Laurie

**Ben Cadwolders Mum Vicky**- running a 10k Marathon and raising £1,920

**Max Murphy's Mum and Stepdad Greg** – skydiving and raising £1190



**George Shaw's Great Grandma** for all her continued donations via the collection box she uses at Church 😊

**Dan Stephens Nan** and her knitting skills in making our CP United Bobble Hats – if you would like to purchase one they in the community room at Partington on a Saturday £5 each.

**Vanla – Sean Pack's Mum** for making and selling bracelets.

Thank you to all the mums, dads, family members & friends who have raised money through the football cards too, you are all making a massive difference. (If anyone wants any football cards to use please see Ruth.)

To all who drinks lots of brews and buys their snacks at The Boot Café this all goes back into the club and is a continual source of funds.

ALL AMAZING and WE THANK YOU.

We also do have collection boxes and buckets if you would like one for your shop, office, workplace please see Ruth.



## CLUB SHOP

For those players who still need kit or need to replace old/lost kit please visit our online club shop. Please follow this link... <http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitedfc/>



You will need to register as a member before you can buy anything \*please note you may have to attach the club badge to garments if it is not already assigned to the item. We are now officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!

## DONATIONS

CAN WE PLEASE REMIND EVERYONE THAT REG FEES & MONTHLY PAYMENTS CAN BE MADE VIA STANDING ORDER: You can do this using the details below. (If you would prefer to pay cash please let us know).

**SORT CODE: 30-84-63**

**ACCOUNT NO: 57958560**

**ACCOUNT NAME: CP UNITED FOOTBALL CLUB**

## Remember Our Club Values:

- ⚽ Be kind to yourself and others
- ⚽ Show respect to yourself and others
- ⚽ Look after one another and yourself



National Winners 2017  
FA Charter Standard Development Club of the Year



@CP\_United\_FC

info@cpunited.co.uk

[www.cpunited.co.uk](http://www.cpunited.co.uk)



Cerebral Palsy United FC



Registered Charity Number: 1175709