



FIXTURE REVIEW



PEOPLES CUP

What a day we had at St Georges Park... Such challenging conditions to play in (& coach in and support in) The lads did themselves and the club proud.

Losing a semi final on penalties is always a tough one but this group have achieved so much. Success isn't just about a trophy its about so much more.. And they've had SO MUCH success on this FA people's cup journey.

They have played up in age (some by 3 years) which in itself is a physical mismatch, but they've also played every round against players who don't have CP which is again, physically is a massive challenge for them... But these fella's have not once let that bother them and have played so well!

The design of the competition means we shouldn't be anywhere near the final based on physicality alone, but they certainly earned the right to be up there.

They don't realise yet how much of an achievement it is to have done what they have done, they are disappointed but can hold their heads high.

Massive thank you all all parents/family members, fellow club mates and their families and club officials for braving the conditions, giving up your Saturday and coming to support. The people's cup strap line is

"get inspired"

We definitely are by these lads



WARRINGTON INCLUSIVE LEAGUE



Brilliant night with these little stars at Warrington.

Some of the things they try and football they play is a joy to see. But these cheeky smiles are always the highlight of our nights as coaches. They did great with their team

challenge which was about defending and they also scored some very good goals and put some great moves together when they had the ball too! Well done lads.

SPECTATORS – PLEASE REMEMBER

- This is THEIR "GAME"
- They "PLAY" and it should be Fun and full of creativity (which can and will be messy!)
- They are children NOT mini adults (It won't look like match of the day)
- Only the coaches should be Coaching (that includes before, during & after training/games)
- Please show RESPECT (to everyone ...including the players)
- Sit back and ENJOY watching your child's DEVELOPMENT

Thank you for your support 😊

FILMING – BBC INSIDE OUT



BBC inside out NW program filmcrew are coming this Saturday to start to get some footage for an article they are doing on CPU. If anyone DOES NOT want to be on camera please let us know asap



FORTHCOMING FIXTURES & EVENTS:

ALL GROUPS – IMPORTANT DATES

TRAINING DATES START & FINISH

Partington: Last Training session Sat 11th May and resumes Sat 14th September

Liverpool: Last Training session Mon 20th May and resumes Mon 16th September (no training on 13th due to pitch being unavailable)

Blackpool: Training will continue through till July and will resume Mon 16th September

Cheshire: 14th May is our last training session at Moss farm we will start back in September (date &venue TBC)

Kendal: Dates to be confirmed.

Fixtures/Events - May/June:

*May

Foundation & Development Phase Groups

Saturday 11th May in house end of season festival – Partington Sports Village 12-2pm

Adults

Friday 17th May – Sunday 19th May – Dublin Trip v Ireland Dev squad and Austria senior squad. Meet time at LJL airport 7.45pm Friday 17th May. Further info to follow. You should all have had an itinerary if you haven't please see Ruth.

U16, u13 & U11 Advanced Groups

Saturday 25th May – CP Sport Junior Football Festival – Mansfield Training Academy, The RH Academy, Woburn Lane, Mansfield NG19 74T (meet there times TBC)

Saturday 26th May – Trip to SGP to watch the England V USA warm up match pre CP World Cup in Seville. If anyone would like to come along we will be running a coach from Partington at 12pm Cost of coach - £5 children £10 adults

*June

U16 & u 12

Sunday 9th June – Mixed (boys and girls) PAN disability Tournament St Georges Park, times TBC

Adults & U16's

Sunday 23rd June – GB Amputees at Reesheath College meet there 9.30am

Wednesday 26th June – Saturday 29th June – George Best Tournament, Belfast. Meet times TBC. Please look out for an email in due course with arrangements, costs etc.

Saturday 29th June – MUDSA PAN disability tournament, MUFC AON training ground Carrington. Arrangements TBC

END OF SEASON FAMILY DAY – SAT 6th JULY – See Over

PLAYERS - PLEASE REMEMBER

When attending football sessions, whether it be training, festivals, competitions make sure you have ALL your equipment – correct boots, shin pads, water, black shorts/ black socks, goalie gloves – its YOUR responsibility as a player to have all that you need with you at ALL TIMES!



MESSAGE FROM CLUB KIT MAN – BRIAN

PLEASE MAKE SURE YOU WRITE YOUR NAME IN YOUR KIT ESPECIALLY TOPS & JACKETS AS THESE TEND TO GET THROWN TO THE SIDE DURING A SESSION/GAME OR LEFT IN THE COMMUNITY ROOM/CHANGING ROOMS. ITS VERY DIFFICULT TO KEEP TRACK OF WHOSE IS WHAT & CAN RESULT IN YOU HAVING TO PURCHASE REPLACEMENT KIT 😊





SAVE THE DATE –
SATURDAY 6th JULY 2019
PARTINGTON
CP UNITED – END OF SEASON
WORLD CUP THEME BBQ

(The World Cup fun hasn't ended....this summer we have a CP World Cup taking place in Seville and a Women's World cup taking place in France)

If you can help on the day please let us know. We will need:

- Raffle Prizes
- Microphone & Speaker
- Ticket printing
- Bunting/Decorations
- General help with set up on the day
- Cakes and Drinks 😊

If you have or know of anyone that you think can make the day extra special for everyone then please let Ruth know. All your help is very much needed & appreciated.

NEW SESSION

We will be launching a new Adult development group next season and will be doing taster days on Saturday for this on **Sat 11th May 1-2pm**. If you know anyone with CP/ABI age 15 plus who has limited mobility and/or limited experience of football please pass on our details to them.

NEW CP UNITED CENTRES ACROSS THE NW REGION

We are pleased to announce that in February we launched more coaching sessions in two new parts of the NW Region:

CUMBRIA : KENDAL

Venue: Kendal Leisure Centre, Burton Road, Kendal LA9 7HX

Time: 5.00 – 6.30 pm

Contact Pete Nicholls: pnicholls685@gmail.com

LANCASHIRE: BLACKPOOL

Venue: St Georges School, Cherry Tree Road, Blackpool FY4 4PH

Time: 6.00 – 7.00 pm – Monday night

Contact Alan Williams: alwhufc@sky.com

CHESHIRE: NORTHWICH

Venue: Cheshire County FA Football Centre, Moss Farm, Northwich, Cheshire CW8 4BG

Time: 5.00 – 6.00 pm - Tuesday night

Contact: info@cpunited.co.uk

LIVERPOOL: WALTON

Venue: Liverpool County FA Soccer Centre, Walton Hall Avenue, Liverpool L4

Time: 6.00 – 7.00 pm Monday night

Contact: info@cpunited.co.uk

This increase in provision means we are now providing 9 sessions in 5 different parts of the Region, covering 2,500 square kilometres on 4 days of the week!

WELL DONE to all involved!!! This is quite an achievement and see's us hit our 5 year plan target on time. 😊

Remember you can access any of these centres throughout the week, just let us know you are coming by contacting one of the staff or contacting us via the club email info@cpunited.co.uk

National Winners 2017

FA Charter Standard Development Club of the Year



@CP_United_FC

info@cpunited.co.uk

www.cpunited.co.uk



Cerebral Palsy United FC



SAFEGUARDING:

Due to the growth of the club this past season we have now expanded our Safeguarding officer posts to three to ensure everyone is cared for and looked after correctly from a safe guarding point of view:-

Colin Scholes – Manchester/ Cheshire/Cumbria

James Trafford – Manchester/ Liverpool

Alan Williams - Lancashire

All the above are now in post and we will be introducing them properly to you over the coming weeks. We will also be sharing our revamped safeguarding procedures with you all soon too.

Thanks to Colin, James and Alan for taking on this responsibility and helping our club to be the best it can be.

DOUG'S JOKES



Q: What does the Queen do when she burps?

A: She gives herself a Royal Pardon!



SPONSORSHIP AND DONATIONS

THANK YOU After our appeal at the start of the season regarding fundraising, we have had lots of people come forward and offer to help. Every penny raised is helping our club/charity to keep growing!

Thank you to everyone who has raised money so far and all who have put their names down to do something throughout the next few months.

A VERY BIG THANK YOU TO:

Ben Cadwolders Aunty's Bingo Group - Raising £130

Punk Rockers of Blackpool – Donating £46

Thank you to all the mums, dads, family members & friends who have raised money through the football cards too, you are all making a massive difference. (If anyone wants any football cards to use please see Ruth.)

To all who drinks lots of brews and buys their snacks at The Boot Café this all goes back into the club and is a continual source of funds.

YOU ARE ALL AMAZING and WE THANK YOU.

We also do have collection boxes and buckets if you would like one for your shop, office, workplace please see Ruth.



CLUB SHOP

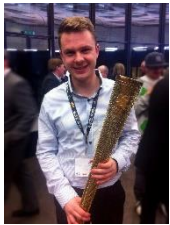
For those players who still need kit or need to replace old/lost kit please visit our online club shop. Please follow this link...

<http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitedfc/>



You will need to register as a member before you can buy anything *please note you may have to attach the club badge to garments if it is not already assigned to the item. We are now officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!

COACHES CORNER – DAN CARTER



REFLECTION

In the busy football season, we are often so focussed on each week and each training session that it can be hard to see 'the bigger picture'. The summer break is a great opportunity to reflect on how the past season has gone for you, and what you want to achieve in the season to come.

One way of doing this is to think about your favourite moments across the whole past season. Maybe you mastered a new skill on the pitch, or maybe your personal standards were consistently really high, or maybe it was something different. Whatever your favourite moments were, think about what thoughts you had and what actions you used to help you to achieve those moments. Write these thoughts and actions down, keep them safe - then check back in with them after you've had a rest over the summer. Those thoughts and actions are now your plan for how to start next season off in the right way.

Have a great summer!

Dan Carter, BSc MSc MBPsS

Sports Psychologist ([Stage 2](#))

["Make sure your worst enemy doesn't live between your own two ears."](#)

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DONATIONS

CAN WE PLEASE REMIND EVERYONE THAT REG FEES & MONTHLY PAYMENTS CAN BE MADE VIA STANDING ORDER: You can do this using the details below. (If you would prefer to pay cash please let us know).

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB



**TO EVERYONE – PLAYERS,
PARENTS, CARERS, RELATIVES,
FRIENDS, COACHES, YOUNG
LEADERS, VOLUNTEERS,
COMMITTEE MEMBERS,
TRUSTEES – ITS BEEN AN
AMAZING SEASON WITH LOTS
OF FIXTURES AND EVENTS WE
ARE LOOKING FORWARD TO THE
2019/2020 SEASON AND HOPE
YOU WILL JOIN US AT
PARTINGTON
TO KICK OFF THE 2019-2020
SEASON
ON SATURDAY 14th SEPTEMBER**



Remember Our Club Values:

- ⚽ Be kind to yourself and others
- ⚽ Show respect to yourself and others
- ⚽ Look after one another and yourself



**PLEASE NOTE MICHELLE HAS A NEW
CONTACT NO: 07706 285811**

TRUSTEE INFORMATION

James Roberts has recently resigned as one of our Trustees and we would like to thank James for all his help and support and wish him well in his career as a Doctor.

Dan Carter – Sports Psychologist has agreed to join our other Trustees who include Phil Coney, Abbie Oliver, James Trafford and Alice Ferrebe.

We welcome Dan and look forward to working with him.

GOOD LUCK HAYDEN



Most of you will know Hayden Christie, he is one of our club Captains and plays in our adult squad. Hayden also helps out with our younger group after training each Saturday and runs our Cheshire centre midweek. He is also a member of our committee.

This summer Hayden is going out to the USA to work for Challenger Sports and coach in the state of Texas on approximately 11 soccer camps. Challenger are very lucky to have him on their staff and I am sure the children out in America will love him just as much as we do. Have a brilliant time Hayden, make some great memories and look forward to seeing you in September"

**CHALLENGER
SPORTS™**

National Winners 2017

FA Charter Standard Development Club of the Year



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Cerebral Palsy United FC

Registered Charity Number: 1175709

