



# **Cerebral Palsy United FC**

## **COVID – 19 Protocol Season 2020/2021**

### **CROXTETH - LIVERPOOL**

**Croxteth sports and wellbeing centre**

**Altcross Road**

**Croxteth**


**Liverpool**

**L11 0BS**

**Public liability insurance: Bluefin Sports, reference number: W-LIV6499**

**Personal Accident insurance: Bluefin sports, reference number: SL1000599924/021**

# Croxteth: Important information



**CEREBRAL PALSY UNITED FC  
REGISTRATION FORM SEASON 2020/2021**


**COVID 19 FORM**

Please note this form **MUST** be completed before you start back at training - A PLAYER WILL NOT BE ALLOWED INTO TRAINING UNTIL THIS FORM HAS BEEN COMPLETED & SENT BACK TO CPUFC

Please note before any training session/match your temperature will be taken together with a series of questions which **CAN WE PLEASE REQUEST THAT YOU DO NOT TRY TO ATTEMPT TO ANSWER THESE QUESTIONS UNTIL YOU HAVE BEEN ADVISED BY THE CLUB**

**MAIN SYMPTOMS I HAVE EXPERIENCED:**

- Continuous
- Fever over
- Loss of
- Severe diarrhoea
- ALSO IF THEY HAVE ANY ADVISE GIVE ALL PLAYERS AT ALL TIMES



**CEREBRAL PALSY UNITED FC  
REGISTRATION FORM SEASON 2020/2021**

Welcome to Cerebral Palsy United Football Club, our aim is to ensure you enjoy football as much as we do. To train and play in matches all players must be registered with the club and must have completed this registration form, a medical form and the COVID19 Form.

<b>Players Name</b>	
<b>Address</b>	
<b>Parents/Carer Names:</b>	
<b>Emergency Telephone Numbers - please supply at least 2</b>	
<b>Email Address</b> <small>By signing this you are giving consent for us to contact you via this address</small>	
<b>PLEASE COMPLETE THE ATTACHED MEDICAL FORM IT IS EXTREMELY IMPORTANT THAT WE KNOW YOUR CHILD'S CONDITION</b>	
<b>PAYMENT DETAILS:</b>	<b>Due to the monthly/weekly/monthly/w/ SORT CODE: ACCOUNT NO: ACCOUNT NAME:</b>

Please Tick where appropriate :


☐ I have read and agree with the FA Code of Ethics <https://www.thefa.com/news/2020/04/01/2020-21-ethics>

☐ I agree to follow CPUFC COVID-19 Protocols

NB: Any player who is U18 must have a Parent/ Guardian/Player (over 18) signature

**Parent/ Guardian/Player (over 18) signature**

**DATED:**



**CEREBRAL PALSY UNITED FC  
REGISTRATION FORM SEASON 2020/2021**

**MEDICAL FORM**

Please note the COVID19 Form must be completed in addition to this form and the registration form.

*It is Important you let us know as much information about you/your child's condition.*

<b>Players Name</b>	<b>Date of Birth</b>	
	<b>AGE:</b>	
<b>INFORMATION RELATING TO: CEREBRAL PALSY/ ACQUIRED BRAIN INJURY</b>	<p>How was CP/ABI acquired:</p> <p>When was CP/ABI acquired:</p> <p>How does your CP/ABI affect your mobility (Side/limbs etc):</p>	
<b>OTHER IMPAIRMENTS</b>	(i.e. learning, sight, hearing etc...)	
<b>HEALTH &amp; MEDICAL CONDITIONS</b>	(i.e. asthma - uses Inhaler/Allergies etc.)	

Please Tick where appropriate :

☐ I give permission for emergency first aid to be given to the above named player by a first aid qualified member of CPUFC if required

☐ I give permission for CPUFC to seek further medical treatment if we require this as an emergency

PLEASE NOTE: GDPR imposes additional obligations on organisations and gives you extra rights around how your data is used. We want you to know that CPUFC respects the information we hold on you and that we take the security of your information very seriously. We have recently published new Privacy & Data Protection Notices to give you more information on the data we hold on you/your child, what we do with that data, who we share that data with and your new rights under GDPR. Our updated Privacy Notice is now on our website alternatively we can send you a copy if you ask us to.

**Parent/ Guardian/Player (over 18) signature**

**DATED:**

You must complete the following forms before you can attend:

- CPUFC medical form
- CPUFC Registration form
- CPUFC COVID-19 form

You must have read and understood this protocol document.

Any question please contact us via the club email address: [info@cpunited.co.uk](mailto:info@cpunited.co.uk)

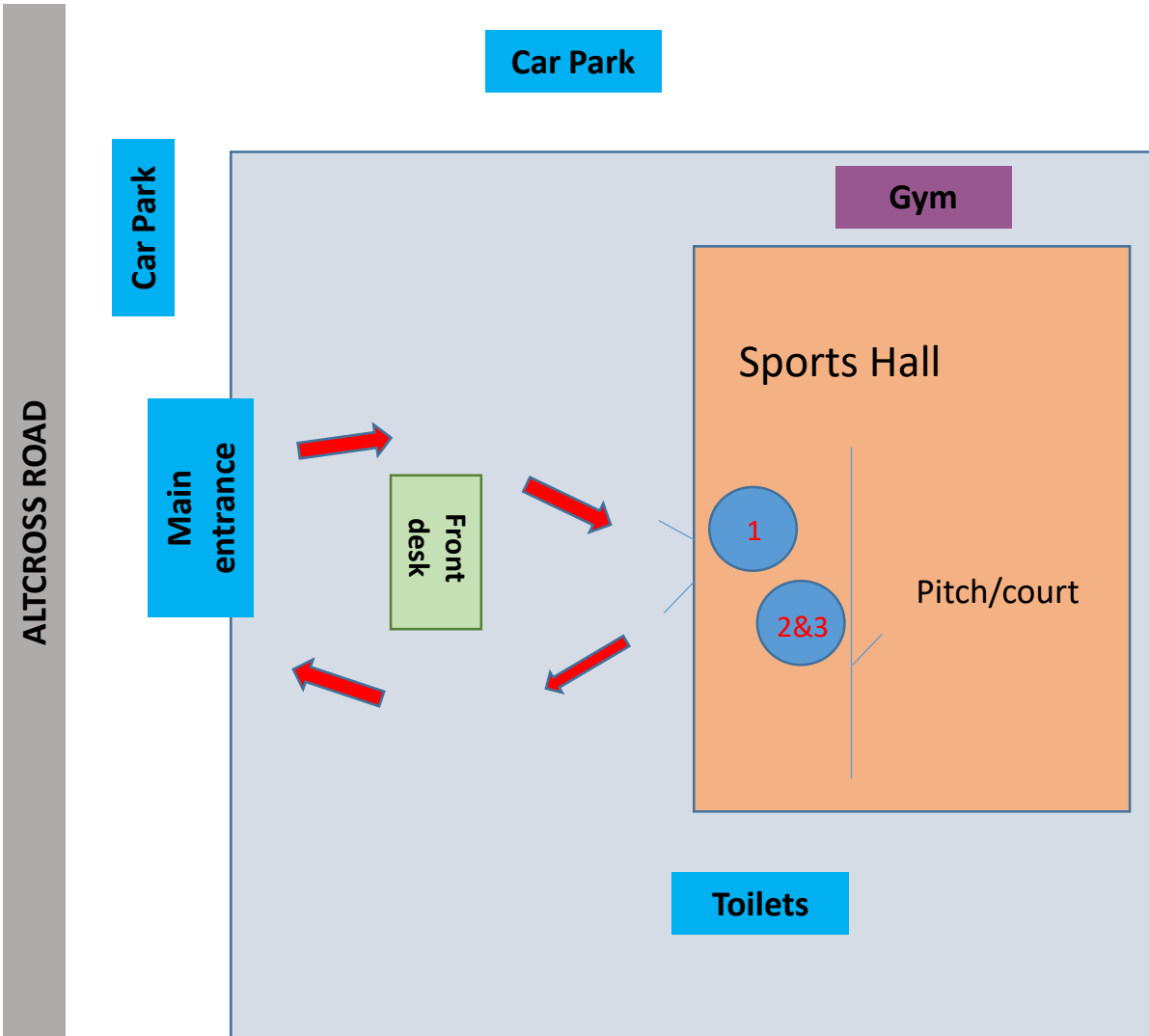


# Croxtheth: Important Details

- Park in usual car park
- Enter through the leisure centre front door as usual and **FOLLOW THE ARROWS** there is a one way system around the front desk and in/out of the sports hall
- On Entry to the sports hall you will visit the sanitising station
- You will then move on to have your temperature taken (please ensure you are wearing a mask if you are age 16+)
- You will then move on to complete the track and trace register (All before entering the pitch)
- Please come ready in your training kit - NO CHANGING AREA WILL BE AVAILABLE
- Adults (anyone age 16+) to use face masks whilst in the building on arrival and departure
- Don't bring any valuables and leave bags in the car when possible
- You must bring a reusable water bottle with your name clearly marked on it, take this to the pitch with you and place it in the designated areas
- All parents/spectators **MUST** return to your cars whilst the session is going ahead unless absolutely necessary i.e; a medical reason (unfortunately we can't have people in to watch at present due to current rule of 6 and in line with the current risk assessment protocol in place at this venue). You can enter the building to bring your child in and get them registered and then come back in at 6pm to collect them. Please wear a mask when you are in the building.
- Toilets are only to be used if it is **absolutely necessary** and the usual venue toilets can be used (male and female)
- Before leaving the pitch for any reason players and coaches will need to sanitise their hands, then do so again on re-entering the pitch
- As per FA guidelines the administration of first aid has to be amended at present and we may need to ask a family member to help out in specific situations (Please ensure that **if you have a child age u18 that you stay on site for the duration of the session with your phone switched on**)



# Croxteth: Site Map



**On Arrival:** *(All 16+ please wear a mask)*

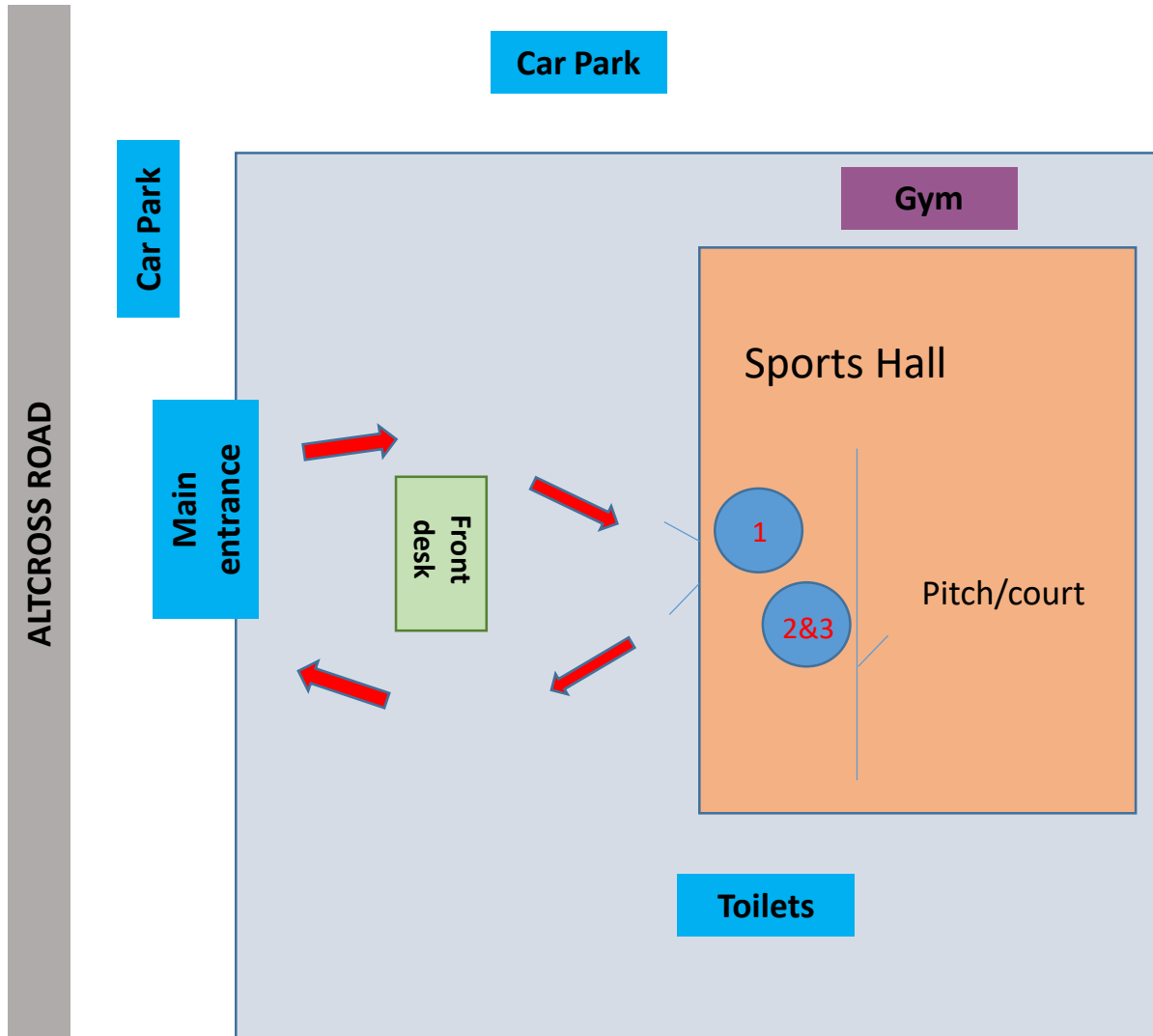
- Park in Car Park
  - Enter via leisure centre main entrance and follow the one way arrows around the front desk to the sports hall
  - Use hand gel at sanitising station (or if you prefer to use your own that is fine) (1)
3. Temperature check (2)
  4. Track and trace register (3)
  5. Players Enter Pitch/court area
  6. Parent/spectators return to car via the one way arrow system

**On departure:** *(All 16+ please wear a mask)*

- All players must sanitise their hands pitch side before leaving (your coach will have sanitiser or you can bring your own and place it with your drinks bottle)
- Leave via the one way arrow system



# Croxteth: Site Map



## During the session: Players/coaches/support staff:

**Masks:** You do not have to wear your masks during the session. However, coaches and support staff please wear a mask or visor when communicating with players if you are within 2m of them; a 1-1 intervention or to tie a shoe lace etc...

**Toilets:** Only if absolutely necessary (MUST socially distance to and from the toilet area)

1. Get your hands sanitised by your coach before leaving the pitch
2. Exit the pitch through the gate and sports hall doors
3. Use the designated leisure centre toilets as usual
4. WASH YOUR HANDS
5. Use the sanitising station before you go back onto the pitch

## During the session: Parents/spectators

**Social distancing:** Please follow the one way system arrows when exiting and entering the building. Please stay in your cars whilst the session is taking place, but remain on site with your phones on.

**Masks:** Please adhere to the current government guidelines and the facility rules by wearing your mask when in the centre.



# Croxteth: Session Safety

- All drinks bottles to be marked with your name and placed in the designated areas (each player station will be 2m apart to allow for social distancing during the short breaks)
- Your masks and any other clothing must also be kept at your player station (no piles of coats and jumpers) PLEASE ensure ALL of your items of kit are marked up with your name on
- We will have a drinks break every 20 mins during which time you will stay at your player station and your coach will come round with hand sanitizer.
- During drinks break footballs that have been used will be sanitized or swapped out before the session re-starts
- Toilet procedures must be followed in line with club and venue protocol
- All players to sanitize hands before leaving the session and on entering the session
- Players over 16 must put their mask back on before they leave the session and walk back to the car

## Personal Responsibility

- If you have been abroad in the last 14 days please DO NOT ATTEND
- If you have any symptoms or feel unwell PLEASE DO NOT ATTEND
- If you have been in contact with anyone who has or suspects they have COVID 19 PLEASE DO NOT ATTEND
- If you become unwell during training you must go home and follow government guidelines. (Anyone u18 MUST have a family member stay on site whilst training is taking place. Any adults who become unwell during training and cannot drive home will be put in an isolation area and we will help you arrange transport home.
- If you become unwell after training you **MUST** contact us immediately by emailing [info@cpunited.co.uk](mailto:info@cpunited.co.uk) or calling Colin Scholes on 07747044295 so we can follow the track and trace procedure
- If a CPUFC member tests positive for COVID 19 after training we will follow the government guidelines and inform everyone of the procedure they need to follow.

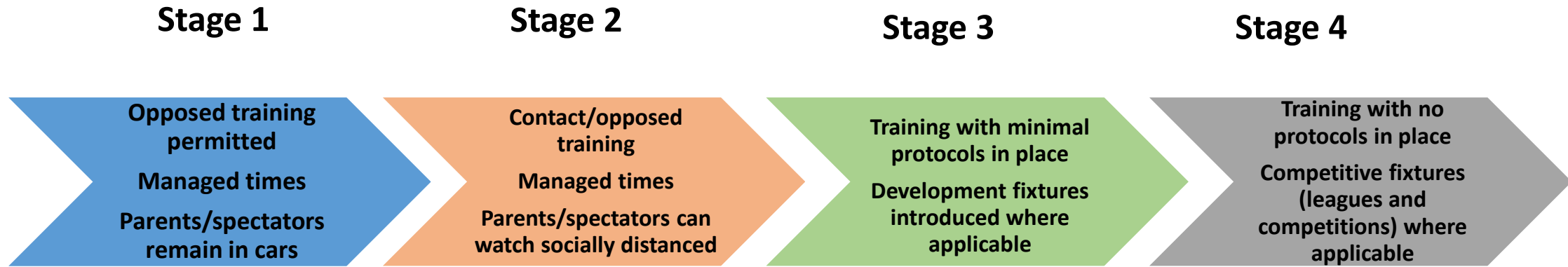


# Croxteth: Timings

- Arrive 5:55pm :- Sanitise, temperature, register for track and trace
- Training 6:00pm-6:55pm :- Follow training safety protocol
- Depart 7pm :- Parents return from cars to collect children



# Return to football Timeline: (Stages and explanation)



***Please note: As of April 2021 we are currently at Stage 1 and will aim to get to stage 4 before July.***

***We hope to keep moving up the stages however as the situation is still a little uncertain there is a possibility at some point that we may also have to go back stages, or implement other restrictions to fall in line with government guidelines and FA guidelines***



# THANK YOU!!!!!!!



For your co-operation, patience, understanding and support.

Lets keep looking after each other and staying safe 😊

