



Cerebral Palsy United FC

COVID – 19 Protocol Season 2020/2021

PARTINGTON

Partington Sports Village, Chapel Lane

Partington

Manchester

M31 4ES

Public liability insurance: Bluefin Sports, reference number: W-MAN2973

Personal Accident insurance: Bluefin sports, reference number: SL1000599924/021

Partington: Important information

CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021

COVID 19 FORM

Please note this form **MUST** be completed before you start back at training - A PLAYER WILL NOT BE ALLOWED INTO TRAINING UNTIL THIS FORM HAS BEEN COMPLETED & SENT BACK TO CPUFC

Please note before any training session/match your temperature will be taken together with a series of questions which CAN WE PLEASE R DO NOT TRY TO AT YOU WILL BE ASK MAIN SYMPTOMS I

- **Continuo**
- **Fever over**
- **Loss of s**
- **Severe di**
- **ALSO IF TI**
- **ADVICE GI**
- **ALL PLAYE**
- **AT ALL TIM**

CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021

Welcome to Cerebral Palsy United Football Club, our aim is to ensure you enjoy football as much as we do. To train and play in matches all players must be registered with the club and must have completed this registration form, a medical form and the COVID19 Form.

CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021
MEDICAL FORM

Please note the COVID19 Form must be completed in addition to this form and the registration form.
It is Important you let us know as much information about you/your child's condition.

Players Name		Date of Birth	
Address		AGE:	
Parents/Carer Names:			
Emergency Telephone Numbers - please supply at least 2			
Email Address By signing this you are giving consent for us to contact you via this address			
PLEASE COMPLETE THE ATTACHED MEDICAL IT IS EXTREMELY IMPORTANT THAT WE KNOW			
PAYMENT DETAILS:		Due to the monthly/w SORT CODE: ACCOUNT NO: ACCOUNT NAI	

Please Tick where appropriate :

<input type="checkbox"/> I have read and agree with the FA Code of Ethics https://www.thefa.com/news/2020 <input type="checkbox"/> I agree to follow CPUFC COVID-19 Protocols	<input type="checkbox"/> I give permission for emergency first aid to be required <input type="checkbox"/> I give permission for CPUFC to seek further medical treatment if we require this as an emergency
---	--

NB: Any player who is U18 must have a Parent/ Guardian/Player (over 18) signature

DATED:

Parent/ Guardian/Player (over 18) signature

DATED:

Parent/ Guardian/Player (over 18) signature

You must complete the following forms before you can attend:

- CPUFC medical form
- CPUFC Registration form
- CPUFC COVID-19 form

You must have read and understood this protocol document.

Any question please contact us via the club email address: info@cpunited.co.uk

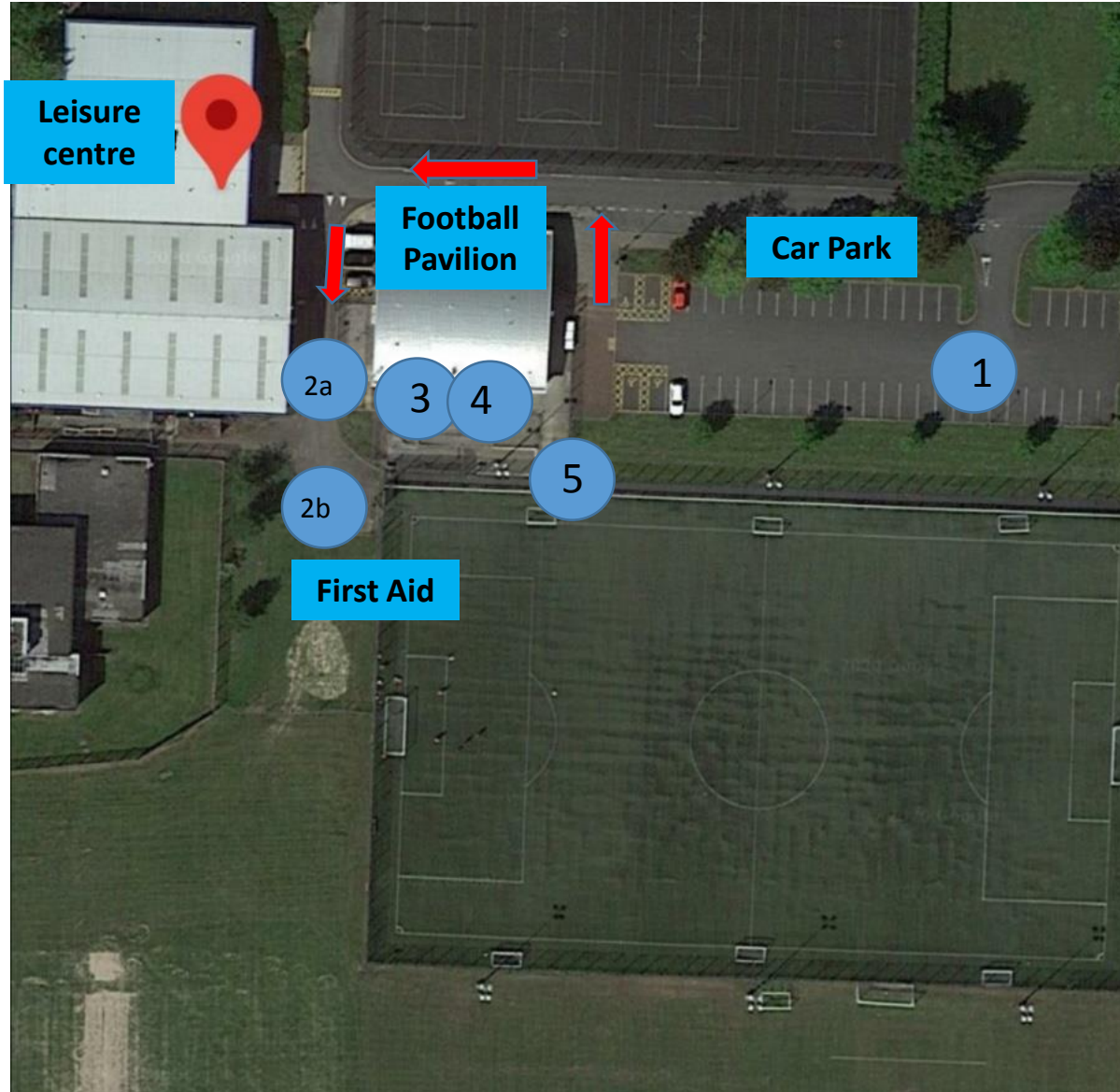


Partington: Important Details

- Park in usual car park
- Enter through the gate at the back of the football pavilion (*anyone who can't use the steps can access via the emergency gates onto the 3G pitch and come up to the registration station that way.*)
- On Entry you will visit the sanitising station
- You will then move on to have your temperature taken (please ensure you are wearing a mask if you are age 16+)
- You will then move on to complete the track and trace register
- Please come ready in your training kit - NO CHANGING AREA WILL BE AVAILABLE (There is strictly no access for any reason to the changing room corridor during stage 1 of our return)
- Adults (anyone age 16+) to use face masks on arrival and departure
- Don't bring any valuables and leave bags in the car when possible
- You must bring a reusable water bottle with your name clearly marked on it, take this to the pitch with you and place it in the designated areas
- All parents/spectators **MUST** stay in the designated areas; Please watch from the warmth of your car during stage 1 of our return. (first 2 weeks back) From stage 2 (1st May) you can watch from behind the white pitch barrier and maintain social distance guidelines throughout the session.
- Toilet use is for emergency only. Parents and spectators to use designated toilet in the leisure centre building. Players, coaches/support staff to use accessible toilet in the football pavilion
- Players will use a one way system to use the toilet: Enter via the patio doors, through the community room, use accessible toilet and exit via the side door of the pavilion by pressing the release button. You will then re-enter the pitch via the sanitising station
- As per FA guidelines the administration of first aid has to be amended at present and we may need to ask a family member to help out in specific situations (**Please ensure that if you have a child age u18 that you stay on site for the duration of the session with your phone on**)



Partington: Site Map



On Arrival: *(All 16+ please wear a mask)*

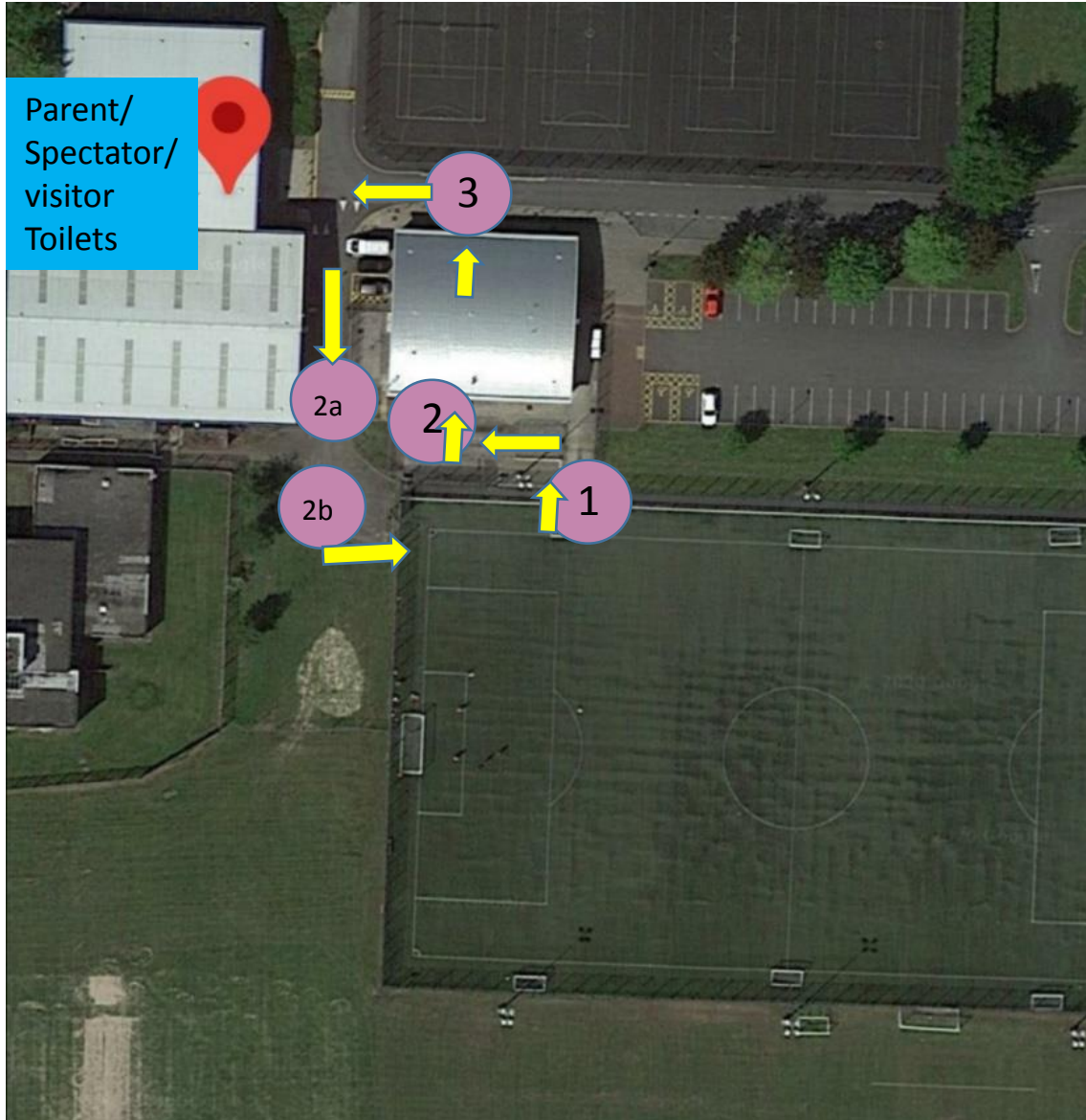
1. Park in Car Park
- 2a. Enter via back gate using steps and use sanitising station
- 2b. Enter via emergency gate on pitch and use ramp up to patio if you are unable to use steps
3. Temperature check
4. Track and trace register
5. Enter Pitch/Enter Socially distance spectating area (when applicable)

On departure: *(All 16+ please wear a mask)*

- Leave pitch and spectating area via emergency gate on 3G pitch (2b)
- All players must sanitise their hands pitch side before leaving (your coach will have sanitiser or you can bring your own and place it with your drinks bottle)
- *Please note: First Aid will be set up in the club gazebo in the finer weather but in worse weather and in emergency cases only the community room will be used if needed*



Partington: Site Map



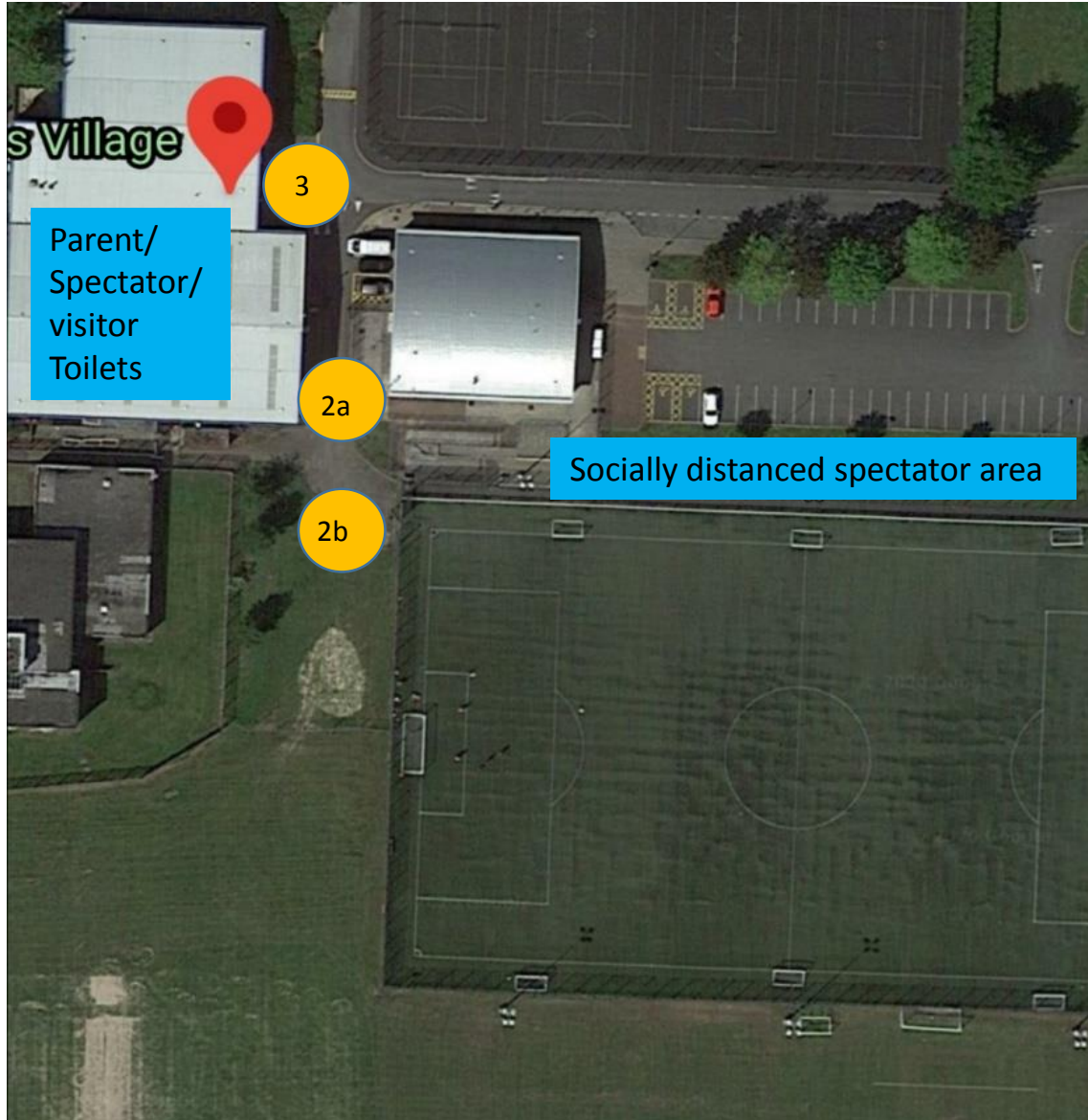
During the session: Players/coaches/support staff:

Masks: You do not have to wear your masks during the session. However coaches and support staff can wear a mask or visor when communicating with players. If you are 1m+ away outside you don't have to wear your mask to communicate.

Toilets: Use one way system; (yellow arrows on diagram)

1. Get your hands sanitised by your coach before leaving the pitch
2. Exit the pitch through the gate (1)
3. Enter the pavilion through the community room (2)
4. Use the accessible toilet on the left
5. WASH YOUR HANDS
6. Exit the pavilion via the side door and go round the back of the building (3)
7. Use the sanitisation station (2a)
8. Re-enter the pitch using the emergency gate (2b)

Partington: Site Map



During the session: Parents/spectators

Social distancing:

Stage 1: Please remain in your cars during training (drop off and pick up at the registration area is fine but please maintain socially distanced during this time)

Stage 2 onwards: Please adhere to the current government guidelines on **social distancing and numbers in groups** whilst observing training/games

Masks: You do not have to wear your masks during the session, however if you use the toilet please wear your mask walking to and from the toilet and whilst in the leisure centre building

Toilets:

- Exit the pitch through the emergency gate (2b)
- Use the designated toilet in the leisure centre (3) PLEASE DO NOT go anywhere else in the leisure centre building as it will not be open and the snacks/drinks machines will NOT be in use
- Please socially distance at all times when visiting the toilet
- Use the sanitation station before re-entering the pitch side (2a)
- Re- enter using the emergency gate on the 3G pitch (2b)



Partington: Session Safety

- All drinks bottles to be marked with your name and placed in the designated areas (each player station will be 2m apart to allow for social distancing during the short breaks)
- Your masks and any other clothing must also be kept at your player station (no piles of coats and jumpers) PLEASE ensure ALL of your items of kit are marked up with your name on
- We will have a drinks break every 20 mins during which time you will stay at your player station and your coach will come round with hand sanitizer. Footballs will also be sanitized during the breaks.
- During drinks break footballs that have been used will be sanitized in a bucket before the session re-starts
- Toilet procedures must be followed in line with club protocol
- All players to sanitize hands before leaving the session and on entering the session
- Players over 16 must put their mask back on before they leave the session and walk back to the car

- If you have any symptoms or feel unwell PLEASE DO NOT ATTEND
- If you become unwell during training you must go home and follow government guidelines. **Anyone u18 MUST have a family member stay on site whilst training is taking place.** Any adults who become unwell during training and cannot drive home will be put in an isolation area and we will help you arrange transport home.
- If you become unwell after training you MUST contact us immediately so we can follow the track and trace procedure
- If a CPUFC member tests positive for COVID 19 after training we will follow the government guidelines and inform everyone of the procedure they need to follow.



Partington: Limited access & restrictions to our programs

Unfortunately at the moment we are unable to operate in our usual way. We know that an integral part to our club is the social interaction and we try hard to create a welcoming environment for all. We are restricted at the moment with what we can and can't do and until further notice there will be:

- No Boot room café in the community room (please bring your own drinks and snacks)
- No changing rooms or shower facilities
- No breakfast club
- No healthy snacks/fruit to take and refuel after training (please bring your own)
- No mentoring and befriending project or interaction of juniors and senior players
- No specific "Extra's" sessions (we will incorporate some of this into your allotted time but unfortunately we can't have crossover of age groups at the facility at the moment)
- No access to the gym
- No access to the pool
- No access to the sports hall

-Hands on sports therapy with Luke (pre-hab/re-hab/injury support) will be available but you MUST book this in advance by contacting Luke directly

We will try our very best to ensure you all still get a great experience and feel welcome and looked after but keeping everyone safe is our priority and means we have to have some restrictions for now.

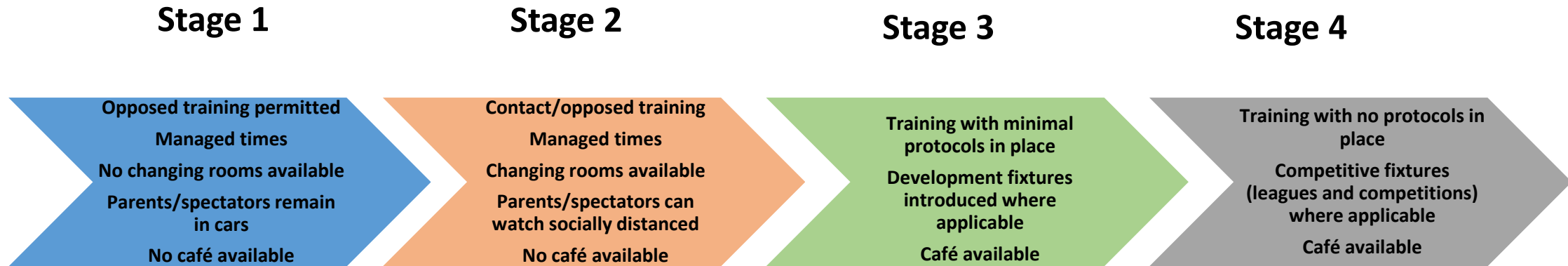
As things improve we will start to make these things available when possible.



Partington: Timings

- 8:45/9:00am: Coaches/support staff arrive and set up
- 9:30am: Adults arrive (sanitising station/temperature/track & trace)
- 9:45am: Adults session
- 11:15am: Adults depart
- 11:30am: Advanced group arrive u12/u14/16 (sanitising station/temperature/track & trace)
- 11:45am: Advanced session
- 11:45am: Adults development group arrive (sanitising station/temperature/track & trace)
- 12:00pm: Adults development group session
- 1:00pm: Adult development group depart
- 1:00pm: Advanced groups also depart
- 1:15pm: Tots/Foundation/early development groups arrive (sanitising station/temperature/track & trace)
- 1:25pm: Tots/foundation/early development groups session
- 2:15pm: Tots/foundation/early development groups depart
- 2:15-3:00pm: Coaches/support staff clean up/sanitise
- 3:00pm-3:30pm: Coaches/support staff de-brief with safeguarding officer(s) and depart

Return to football Timeline: (Stages and explanation)



Please note: As of April 2021 we are currently at Stage 1 of our return and will only enter stage 2 from 1st May 2021.

The competitive disability leagues we can access will not commence until later in 2021 at the very earliest.

We hope to keep moving up the stages however as the situation is still a little uncertain there is a possibility at some point that we may also have to go back a stage, or implement other restrictions to fall in line with government guidelines and FA guidelines and keep everyone safe



THANK YOU!!!!!!!



For your co-operation, patience, understanding and support.

Lets keep looking after each other 😊

