



Cerebral Palsy United FC

COVID – 19 Protocol Season 2020/2021

CARLISLE- CUMBRIA

Harraby leisure centre

Edgehill Road

Carlisle


Cumbria

CA1 3SL

Public liability insurance: Bluefin Sports, reference number: W-LIV6499

Personal Accident insurance: Bluefin sports, reference number: SL1000599924/021

Carlisle: Important information



**CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021**

COVID 19 FORM

Please note this form **MUST** be completed before you start back at training - A PLAYER WILL NOT BE ALLOWED INTO TRAINING UNTIL THIS FORM HAS BEEN COMPLETED & SENT BACK TO CPUFC

Please note before any training session/match your temperature will be taken together with a series of questions which **CAN WE PLEASE REQUEST THAT YOU WILL BE ASKED MAIN SYMPTOMS?**

- **Continuous**
- **Fever over**
- **Loss of**
- **Severe diarrhoea**
- **ALSO IF THEY HAVE ANY ADVICE GIVEN BY A DOCTOR AT ALL TIMES**

**CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021**

Welcome to Cerebral Palsy United Football Club, our aim is to ensure you enjoy football as much as we do. To train and play in matches all players must be registered with the club and must have completed this registration form, a medical form and the COVID19 Form.

Players Name	
Address	
Parents/Carer Names:	
Emergency Telephone Numbers - please supply at least 2	
Email Address	
By signing this you are giving consent for us to contact you via this address	
PLEASE COMPLETE THE ATTACHED MEDICAL FORM IT IS EXTREMELY IMPORTANT THAT WE KNOW	
PAYMENT DETAILS:	Due to the monthly/w/ SORT CODE: ACCOUNT NO: ACCOUNT NAME

Please Tick where appropriate :

☐ I have read and agree with the FA Code of Ethics <https://www.thefa.com/news/2020/04/01/2020-21-ethics>

☐ I agree to follow CPUFC COVID-19 Protocols

NB: Any player who is U18 must have a Parent/ Guardian/Player (over 18) signature

DATED:

**CEREBRAL PALSY UNITED FC
REGISTRATION FORM SEASON 2020/2021**

MEDICAL FORM

Please note the COVID19 Form must be completed in addition to this form and the registration form. It is Important you let us know as much information about you/your child's condition.

Players Name	Date of Birth	AGE:
INFORMATION RELATING TO: CEREBRAL PALSY/ACQUIRED BRAIN INJURY How was CP/ABI acquired: When was CP/ABI acquired: How does your CP/ABI affect your mobility (Side/limbs etc):		
OTHER IMPAIRMENTS (i.e. learning, sight, hearing etc...)		
HEALTH & MEDICAL CONDITIONS (i.e. asthma - uses Inhaler/Allergies etc.)		

Please Tick where appropriate :

☐ I give permission for emergency first aid to be given to the above named player by a first aid qualified member of CPUFC if required

☐ I give permission for CPUFC to seek further medical treatment if we require this as an emergency

PLEASE NOTE: GDPR imposes additional obligations on organisations and gives you extra rights around how your data is used. We want you to know that CPUFC respects the information we hold on you and that we take the security of your information very seriously. We have recently published new Privacy & Data Protection Notices to give you more information on the data we hold on you/your child, what we do with that data, who we share that data with and your new rights under GDPR. Our updated Privacy Notice is now on our website alternatively we can send you a copy if you ask us to.

Parent/ Guardian/Player (over 18) signature

DATED:

You must complete the following forms before you can attend:

- CPUFC medical form
- CPUFC Registration form
- CPUFC COVID-19 form

You must have read and understood this protocol document.

Any question please contact us via the club email address: info@cpunited.co.uk

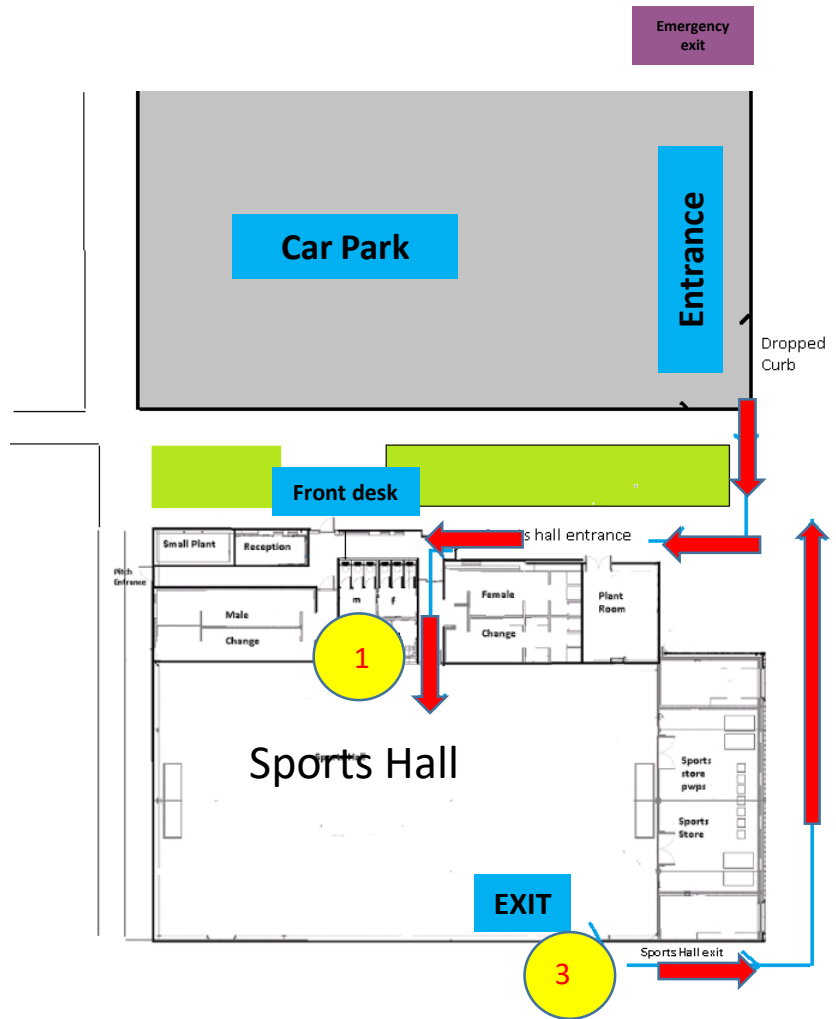


Carlisle: Important Details

- Park in the car park at the front of the building
- Enter through the leisure centre front door as usual and **FOLLOW THE ARROWS** as there is a one way system in place
- On Entry to the sports hall you must visit the sanitising station where you will also have your temperature taken (please ensure you are wearing a mask if you are age 14+) You will also complete the track and trace register (All before entering the pitch/spectator area)
- Please come ready in your training kit - NO CHANGING AREA WILL BE AVAILABLE
- Adults (anyone age 14+) **MUST** use a face masks whilst in the building unless you are exempt
- You must bring a reusable water bottle with your name clearly marked on it, take this to the pitch with you and place it in the designated areas
- All parents/spectators **MUST** remain seated in the designated areas and stay at least 2 meters apart at all times.
- Toilets are only to be used if it is **absolutely necessary**. Reception will confirm which toilets are available to us on the day.
- Before leaving the pitch for any reason players and coaches will need to sanitise their hands, then do so again on re-entering the pitch
- As per FA guidelines the administration of first aid has to be amended at present and we may need to ask a family member to help out in specific situations (Please ensure that **if you have a child age u18 that you stay on site for the duration of the session with your phone switched on**)



Carlisle: Site Map



On Arrival: *(All 16+ please wear a mask)*

- Park in Car Park
- Enter via leisure centre side entrance with the dropped curb and follow the one way arrows to the sports hall
- Use hand gel at sanitising station (or if you prefer to use your own that is fine) (1)
- Temperature check (1)
- Register (1)
- Parent/spectators area TBC on the day; 2m apart, with masks on at all times
- If parents prefer to remain in cars for the duration of the session please drop off at the sports hall door then follow the one way system back out to your car. You can pick up again at the Exit point

On departure: *(All 14+ please wear a mask)*

- All players must sanitise their hands pitch side before leaving (your coach will have sanitiser or you can bring your own and place it with your drinks bottle)
- Leave via the one way system by exiting through the emergency doors at the back of the sports hall (2)

Carlisle: Session Safety

- All drinks bottles to be marked with your name and placed in the designated areas (each player station will be 2m apart to allow for social distancing during the short breaks)
- Your masks and any other clothing must also be kept at your player station (no piles of coats and jumpers) PLEASE ensure ALL of your items of kit are marked up with your name on
- We will have a drinks break every 15 mins during which time you will stay at your player station and your coach will come round with hand sanitizer.
- During drinks break footballs that have been used will be sanitized or swapped out before the session re-starts
- Toilet procedures must be followed in line with club and venue protocol
- All players to sanitize hands before leaving the session and on entering the session
- Players over 16 must put their mask back on before they leave the session and walk back to the car

Personal Responsibility

- If you have been abroad in the last 14 days please DO NOT ATTEND
- If you have any symptoms or feel unwell PLEASE DO NOT ATTEND
- If you have been in contact with anyone who has or suspects they have COVID 19 PLEASE DO NOT ATTEND
- If you become unwell during training you must go home and follow government guidelines. (Anyone u18 MUST have a family member stay on site whilst training is taking place. Any adults who become unwell during training and cannot drive home will be put in an isolation area and we will help you arrange transport home.
- If you become unwell after training you **MUST contact us immediately by emailing info@cpunited.co.uk or calling Colin Scholes on 07747044295 so we can follow the track and trace procedure**
- If a CPUFC member tests positive for COVID 19 after training we will follow the government guidelines and inform everyone of the procedure they need to follow.

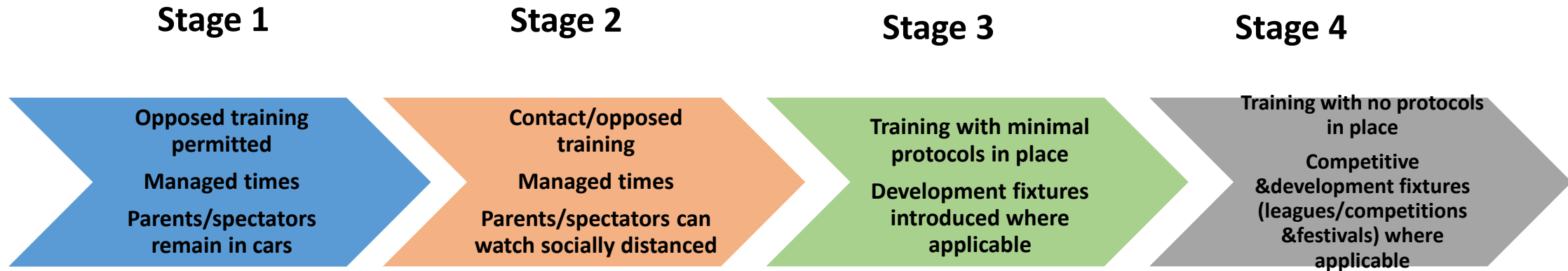


Carlisle: Timings

- Arrive 12.:55pm :- Sanitise, temperature, register
- Training 1:00pm-2:00pm :- Follow training safety protocol
- Depart 2:00pm :- Parents return from cars to collect children from the emergency exit at the back of the sports hall (please wear a mask) All players to sanitise their hands before leaving



Return to football Timeline: (Stages and explanation)



Please note: As of May 2021 we are currently at Stage 2 and will aim to get to stage 4 before the Christmas break. The competitive disability leagues we can access for older players will not commence until later in 2021 at the very earliest.

We hope to keep moving up the stages however as the situation is still a little uncertain there is a possibility at some point that we may also have to go back stages, or implement other restrictions to fall in line with government guidelines and FA guidelines

THANK YOU!!!!!!!



For your co-operation, patience, understanding and support.

Lets keep looking after each other and staying safe 😊

