



CHRISTMAS SOCIALS

Adult Christmas Social



Friday 14th December 7pm Pattersons Bar (Liverpool)

Pre-order meal – copy of menu is on CPU website/Facebook or you can get one from Ruth (but we need to know your order by Sun 9th Dec)

Address:
28 GRADWELL ST,
LIVERPOOL L1 4JH

<http://www.pattersonsliverpool.com/>

There is a Q car park right on the corner by Tesco/Home Bargains (Gradwell Street is just off Hanover Street) in the city centre

Junior Christmas Social's:-

Please let us know asap about your attendance at the relevant Christmas socials by emailing the club on info@cpunited.co.uk and put in the subject box what it is.

ADVANCED/DEVELOPMENT

SATURDAY 15th DECEMBER 2pm

ALMOST FAMOUS – LIVERPOOL

11-13 PARR ST

LIVERPOOL L1 4JN

COST: £22.50 per person

BURGER & FRIES & UNLIMITED SOFT DRINKS -

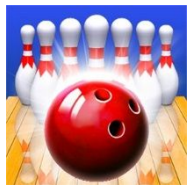
PRE-ORDER MEAL – COPY OF MENU IS ON CPU

WEBSITE/FACEBOOK OR YOU GET ONE FROM RUTH.



TOTS/FOUNDATION

SUNDAY 16th December 2018 11am



Hollywood bowl

Wall gate

Wigan WN3 4AG

Bowling and food

£10.99 per head (pay on day)

FOR ANY OF THE ABOVE SOCIAL EVENTS PLEASE LET US KNOW BY THE WEEKEND OF 8TH/9TH DEC AS WE NEED TO KNOW NUMBERS AND PRE-ORDERED MEALS – THANK YOU.

AMAZON SMILE



We are happy to share with you all that we are now a registered charity on Amazon Smile.

With Christmas not too far away please help us to raise some money whilst doing your shopping. Using the link below will allow you

to automatically assign us as your preferred charity for Amazon to donate to.

<https://smile.amazon.co.uk/ch/1175709-0>

Thank you for your continued support. Happy shopping.

National Winners 2017
FA Charter Standard Development Club of the Year



@CP_United_FC
United FC

info@cpunited.co.uk

www.cpunited.co.uk



Cerebral Palsy



FA CHARTER STANDARD
DEVELOPMENT CLUB
CEREBRAL PALSY
UNITED FC

FORTHCOMING FIXTURES: ALL GROUPS

WARRINGTON INCLUSION LEAGUE – Next Date: Monday 28th January 2019

ADULTS:

Sat 19th Jan v MUFC Ability Counts (and possibly Aston Villa Ability Counts at Partington 10.30am KO.

Sun 20th Jan v GB amputees at Reasheath College 12.30-2.30pm

Fri 25th Jan at the Cliff Training Ground v MUFC Ability Counts 7.15pm-9pm

U16 Advanced: v MUFC Ability counts Fri 25th Jan at the Cliff Training Ground 6.15-8pm

U11/13 Advanced: v MUFC ability counts Fri 25th Jan at the Cliff Training Ground 6.15pm-8pm

OTHER POSSIBLE DATES IN THE PIPELINE:

13th Jan: Stoke Festival (U8, U10, U13) (U16 TBC)

7th April: Newtown Festival (U8, U10, U13)

14th April: GB Amputees at Reesheath College (Adults)

11th May: South West Festival (may be held in Birmingham...TBC) age groups TBC

EXCITING OPPORTUNITES to play in the new year:

To play in the George Best Tournament in June in Belfast age 15+.

To play v Republic of Ireland Development squad in Dublin age 10-14 (advanced groups.) All info to be given out in January

CHRISTMAS TRAINING DATES:

LAST DAY OF TRAINING AT PARTINGTON – SAT 8th Dec

RETURN TO TRAINING AT PARTINGTON – SAT 12th Jan 2019

LAST DAY OF TRAINING AT LIVERPOOL – MON 10th Dec

RETURN TO TRAINING AT LIVERPOOL – MON 14th Jan 2019

RETURN TO TRAINING AT CHESHIRE 15th JAN 2019

KENDAL AND BLACKPOOL CENTRES WILL START IN FEB 2019

WELL DONE TO JAMIE & PETE J



A very big well done to Jamie Barnett who recently went over to Sydney to represent the first physical disability RL team for Warrington Wolves. Jamie was playing open age and has now been nominated for the man of steel award.

Congratulations to Pete Fox from our adult group who made employee of the month at Premex. Premex have sponsored a kit for us in the past and have now given Peter the opportunity to develop in the world of work!!!





COACHES CORNER – THIS MONTH JAMES WILCOCK



"Celebrating Little Victories"

The block of work we are currently doing is all around defending. In my years of coaching I've always found that players/parents are quick to celebrate goals and big events but forget, or don't notice, the little victories that happen before them that allow the "big" moments in games to happen. Everybody remembers Solskjaer scoring to win United the treble, nobody remembers him pressuring the Bayern defender with less than a minute to go, leading to the corner where they scored the equaliser. Over the next few months try to spot the little victories both on and off the ball and on and off the pitch, the clues and pictures that show development. Things on the pitch like intercepting passes, making tackles, tracking back to defend. What do they show? Intelligence to read and understand the game, bravery to tackle players, the willingness to work hard to achieve something. And I'm sure when you look away from football you'll see these habits and clues start to appear in every day life too. One of my favourite quotes is from the American Basketball coach, John Wooden. "It's the little details that are vital. Little things make big things happen".

FIXTURE REVIEW



Brilliant day of fixtures for our Adult Group who on 8th December travelled to Bridgewater where South West CP for hosted us and Ireland CP development squad. Great welcome & hospitality, great facilities and a great environment. ⚽

Great afternoon at the Etihad recently with 20 of our youngsters.

Gtr Manchester Ability Counts League - Great stuff from our u16s. 3 development games to test out our block of work on defending & 3 clean sheets!! (Some great goals scored too) but defensively spot on with all elements of Delay, cover & balance, compactness & recovery!!!!

Warrington Inclusion League - We lost count of how many times we just had to say WOW well done!! And clap at some of the things the players did at their pan disability fixtures! Individual and team development is obvious to see and it's a pleasure to witness

As always a big thanks to all parents and families for your support.

SPONSORSHIP AND DONATIONS

THANK YOU

After our appeal at the start of the season regarding fundraising, the past few weeks we have had lots of people come forward and offer to help.

Every penny raised will help our club/charity to keep growing! Thank you to everyone who has raised money so far and all who have put their names down to do something throughout the next few months.



A big thank you to Gilly Cook (Jamie's Mum) raised over £125 collecting in her local music venue – the Waterloo Bar.

Vicky Cadwalder (Ben from the tots group) is taking on her first marathon in March next

year. Please help her to raise funds via JustGiving

https://www.justgiving.com/crowdfunding/vicky-cadwalder-1?utm_term=73M35RBeB

A VERY BIG THANK YOU TO George Shaw's Great Granny – Joan Roberts – who has been collecting in Church and has donated over £1,000 during the last few months J



A THANK YOU TO SPORTEDE/TSB for donating a bag of equipment.

We now have collection boxes and buckets if you would like one for your shop, office, workplace please see Ruth. THANKS.

CLUB SHOP

For those players who still need kit or need to replace old/lost kit please visit our online club shop. Please follow this link...

<http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitedfc/>



You will need to register as a member before you can buy anything *please note you may have to attach the club badge to garments if it is not already assigned to the item. We are now officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!

DONATIONS

CAN WE PLEASE REMIND EVERYONE THAT REG FEES & MONTHLY PAYMENTS CAN BE MADE VIA STANDING ORDER: You can do this using the details below. (If you would prefer to pay cash please let us know).

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB

Remember Our Club Values:

- ⚽ Be kind
- ⚽ Show respect
- ⚽ Look after one another



FROM ALL THE STAFF, COMMITTEE MEMBERS & TRUSTEES AT CP UNITED WE WOULD LIKE TO WISH ALL OUR PLAYERS AND THEIR FAMILIES A VERY HAPPY CHRISTMAS AND NEW YEAR AND A VERY BIG THANK YOU FOR ALL YOUR SUPPORT.



National Winners 2017
FA Charter Standard Development Club of the Year



@CP_United_FC
United FC

info@cpunited.co.uk

www.cpunited.co.uk



Cerebral Palsy



FA CHARTER STANDARD
DEVELOPMENT CLUB
CEREBRAL PALSY
UNITED FC