



Welcome to the first newsletter for CPFC and NWCP

Firstly we would like to clarify the difference between the two programmes and update you on both

Getting CPFC off the Ground

Cerebral Palsy Football Club (CPFC) has been formed to support player across our region who have CP or an acquired brain injury. This club will be run like any other grassroots football club but will be specifically for player with CP/Acquired brain injury. This is an inclusive club for all, open to players of any ability, gender, experience and classification of CP. (frame users, wheelchair users included)

The four main reasons we have set up the club are:

- To support players who are currently representing the North West in our centre of excellence and above in the England squads. Being a member of the club means there players can access extra training sessions and more contact time with their talent program coaches.
- To increase participation in CP specific football across the region regardless of age, ability, experience, gender or classification
- To support the players who are no longer/or not quite ready for the talent program. Being a member of the club means they can still access high quality coaching sessions with the same staff as in the centre of excellence and still play with their mates
- To provide CP specific training sessions for younger players in the foundation stage of their development. (We will have a 5-11 age group and an U5s tots age group)...this will also support the growth of our centre of excellence program and bring players in when they turn 12 years old.

We have worked hard over the last few months to form a committee and establish a constitution, register/affiliate the club, create a bank account and apply for some initial funding which we should see come through in the next few weeks. If this funding application is successful we can start working with not only the adult squad but also the U16 squad. Therefore players involved within the NWCP centre of excellence can access extra training.

As our income grows we will look to kick off sessions for ages 5-11 and younger ages. We will keep you updated on the progress! Initially if you know any other child/adult with CP or an acquired brain injury who might like to play football please let Sean and Michelle know.

The club is separate to the NWCP centre of excellence and is not funded by the FA.
However we will have the same staff involved, the same standards as we have at the centre of excellence in terms of quality, ethos and philosophy and will for the most part use the same venue (Partington Sports Village)

Committee Members:

Michelle Wilcock	079888 66107
Sean Bailey	078334 30214
Lee Burke	079835 54215
Brian Meadows	07929 524249
Ruth Meadows	07927 007190
Jordan Raynes	07447 671803

*Anyone else who would like to get involved and help out in whatever way you feel you can, please speak to Sean and Michelle. We are specifically looking for anyone with computer/website Design/IT skills who can set up and look after a website for the club.**

The training dates for CPFC before Christmas are:

Thurs 4th December 8-9pm
Thurs 11th December 8-9pm
Sat 13th December 12.15-1.30pm

As the CPFC calendar grows training will consist of more than just training sessions, we are looking to arrange fixtures, recovery sessions, educational sessions, sports therapy sessions, swimming sessions, sports science sessions and anything else the players want we will try our best to accommodate.

Advertising:

Raising awareness of our football club is key to helping us grow and attract new players into the club. Over the next few weeks we will have flyers and posters to distribute and will be asking people to assist with distribution to wherever or to whoever you think could benefit i.e any CP specific networks you as players and parents have. Any other idea's you have around raising awareness and advertising our club please speak to Sean and Michelle.

Paperwork:

In the coming weeks we will also be giving out some forms for players to fill in as members of our club i.e.

- Medical info forms
- Player contact details
- Club codes of conducts
- Parental consent forms for U18s

Lifts and Car Sharing to Attend Training:



Due to us covering such a large area we would urge you to talk with each other and try to share the load and expense of travelling to training. For example Brian Meadows who travels from Liverpool and brings his son has 3 spare seats, so maybe arranging between each other a place to meet and pick up might help not only share the load but also may give a player access to training that they may not have due to transport. So if you are struggling please let us know and we will help were possible.

CPFC Badge:

This is your club and currently we have no badge, we don't necessarily need one but if any of you are budding artists and have any ideas or designs you would like to share please let us know.

Boot/Equipment Exchange:



If you have any boots/shin pads/goalie gloves that you no longer use please let one of the committee members know and we can publish what there is available in the next newsletter, this is particular useful to the younger members coming to play as obviously it can be costly particularly when you are young and your feet are growing!!!!

Newsletter:

We will aim to produce a newsletter each month to keep you updated of everything coming up. Also if you have taken any photos at any of the fixtures/training sessions please send them through so that we can publish them in the next newsletter or on Facebook/Twitter.

Any suggestions you have as players or parents about what you'd like to be included please let us know asap.