



# CEREBRAL PALSY UNITED FOOTBALL CLUB NEWSLETTER

*"Be the Best you can Be"*

Issue 11 – Feb 2016

## FOUNDATION

### HAPPY BIRTHDAY FOUNDATION GROUP

One year old this weekend!!!  
How we have grown in the last 12 months we now have 3 groups – U11, U8 and tots group 3- 5 yrs.



George has done it again winning Goal of the month from Everton – well done George!!!



**VERY EXCITING NEWS:** Fox Soccer Channel are coming from LA to do a follow up story on George who has had some fantastic experiences recently and is doing an amazing job at raising lots of awareness for CP and our club. Kayla from FOX is actually on a visit to England that week and has asked to come and visit George and his friends at CP United whilst she is here.

Due to this visit we will be moving training on 27<sup>th</sup> Feb to the earlier time of 10-11am for our foundation groups and hope we can get everyone here to show what a fantastic and talented group of children we are lucky enough to work with.

If you have any problems or objections to you/your child being filmed/photographed we will need to know as soon as possible so we can ensure that we meet your wishes. Kayla has also asked if anyone would like to chat to her on or off camera (players or parents) she is more than happy to do that.

We feel this is a great opportunity for George to continue his great work in raising awareness of Cerebral Palsy, but also a great opportunity for us as a club to raise awareness of the opportunities that are out there for people to play football.

## CENTRE OF EXCELLENCE

Good luck to all those players attending the Emerging Talent Camp in Hereford this weekend – "Striving for Excellence".

### Saturday – 20<sup>th</sup> February – AWAY FIXTURE

VENUE: Central College Nottingham Football Centre, Farnborough Road, Clifton, Notts, NG11 8LU

For those travelling on coach please arrive at Partington for 7.45 am – cost £5 per person.

If you are going straight to the venue please get there for 9.45 am.

Can you please inform Ruth/Michelle of your travel arrangements.

## ADULTS

Will Delaney who is not only a talented footballer but also a very talented singer is still selling his CD's to raise some money for the club. They cost £5 and are well worth it!!!

A reminder there are sessions held every other Tuesday at the Etihad Stadium – usually a game against the amputees. For those aged over 15 from COE who would like to attend this is open to you as well but please speak to Michelle before attending.

### Sunday – 21<sup>st</sup> February – AWAY FIXTURE

VENUE: Vaughn Parry Williams Pavilion, Highfields Playing Fields University Boulevard Nottingham NG7 2PS

Please speak to Sean about your travel arrangements.

## NEW SESSIONS - LIVERPOOL



Running in partnership with Liverpool County FA and Walton Sports Centre FC our Liverpool sessions start 22<sup>nd</sup> February 2016 and will be held at Liverpool Soccer Centre, Walton Hall Park, Liverpool L4 9XP, home of LCFA on Monday nights 6-7pm.

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### HOME FIXTURES – 23<sup>rd</sup> & 24<sup>th</sup> Jan

Brilliant two days enjoyed by both the CoE and Adults.



We had an excellent response from visiting teams, coaches and officials. **A VERY BIG THANK YOU** goes out to all who volunteered and helped make both days go off so well. Your commitment to the club is invaluable

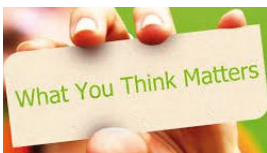
### CPUFC – TEAM BUILDING DAY TUESDAY 16<sup>th</sup> FEBRUARY 2016

For those attending this event the venue is:  
Petty Pool Trust Outdoors Centre, Pool Ln, Sandiway,  
Northwich, Cheshire CW8 2DR

The day will consist of confidence building, problem solving and team work challenges. The cost is £15 per head, with the club also contributing £5 towards everyone's fee. (Please pay on the day) For more information see <http://www.pettypool.org.uk/outdoor-centre/>

Parents/carers are welcome to come along for the day but you are also welcome to drop off and pick up at the end of the day. Please meet Michelle at Petty Pool outdoors centre reception at 9,15am on Tuesday 16<sup>th</sup>. Please bring a change of clothes and make sure you are wrapped up as a lot of our day will be spent outside. (Tracksuit, trainers, coats are recommended)

### NEW RECRUITS



We are looking for some new members to join the committee. If you are interested in becoming a member please speak to Michelle/Sean or Ruth/Brian.

It might be that you don't want to be a member of the committee but you may have a skill we need!!!! We are looking for help with:

**Photography** – someone who would be willing to go on the pitch & photograph the players. These photographs can be used on social media/promotions etc.

**IT** – we need help!

### FUTURES PROGRAMME



Ben Meadows (Goalkeeper in CoE) and also part of our Futures Programme was recently picked by the Youth Sport Trust from 100's of applicants to be an Athlete Role Model for the Step into Sport Conference where he delivered a talk to other

young leaders about his journey so far in sport both playing and as a young leader. He was mentored by the Paralympic cyclist Rik Waddon. A big well done to Ben on this achievement. His delivery and professionalism was a credit to our club!

All our young leaders work very hard outside of football including Hayden who was recently poorly and unable to train, play or do his extras. He found this very frustrating so asked for something to do that wasn't physical so he could keep learning. He watched the England v Russia game from last summer's CP World Cup and focused on the attacking topics we have been working on in training. He even produced a report which he will feed back to his team mates....Fantastic attitude, mind set and commitment! Well done Hayden!!!!

### DONATIONS & REGISTRATION

ALL YOUR DONATIONS ARE GRATEFULLY APPRECIATED

IF YOU WOULD LIKE TO PAY KIT PAYMENTS DIRECTLY INTO THIS ACCOUNT OR FOR ANY MONTHLY DONATIONS PLEASE SET UP DIRECT DEBIT/STANDING ORDER TO :

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB

**THE CLUB WOULD LIKE TO THANK YOU  
FOR YOUR CONTINUED SUPPORT**



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