



EASTER BREAK
WE WILL BE BACK AT PARTINGTON ON
SAT 23rd APRIL
MID WEEK SESSIONS WILL RE-COMMENCE ON
MONDAY 25th APRIL

SESSION	START BACK AFTER EASTER	LAST TRAINING DATE	2022/2023 SEASON STARTS
Partington All Groups	23 rd April	14 th May 2022	Sat 3 rd Sept
Liverpool	25 th April	20/6/22	Mon 19 th Sept
Kendal	25 th April	20/6/22	Mon 19 th Sept
Blackpool	25 th April	20/6/22	Mon 19 th Sept
Cheshire	27 th April	22/6/22	Wed 21 st Sept
Carlisle	8/5/22	3/7/22	TBC

EVENTS TO LOOK FORWARD TO:

Adult Development Squad Fixture 2022

On 9th April we will welcome Irelands development adult squad to Partington to play in a game v our adult development squad. This is the only thing on at Partington that day as everyone else is on Easter break, however if you would like to come and watch and support your club mates **KO is 1.15pm There will be a small buffet in the Community Room afterwards.**

SGP Football Festival 25th June 2022

St Georges Park is the home of England's training ground and we want to finish off another tricky season with an end of season treat for all our junior players.

We will have a coach on to support with travel (IF the numbers are enough to justify the expense of coach hire.) The coach will leave from Partington at 8.30am or you can meet us there at 10.15am The festival and St Georges Park experience is open to all our junior players age 3 through to 16 from across all our centres.

PLEASE confirm your attendance to our end of season trip by no later than 23rd April 22.

Spaces on the coach are limited so please let get in touch asap if you want to book some seats.

KEPPLEWRAY - 22nd May 2022

This was extremely popular last year so we have teamed up with Keppleway once again and will be offering this out to any of our players aged 11 through to adult from across all our centres.

Please let us know if you would like to attend by April 23rd and we need to give final numbers to Keppleway by 25th April

We will also be doing a summer residential at Keppleway in August (12th-14th) and further details will sent out in due course.

FAMILY FUN DAY

Saturday 3rd September 2022.

We are looking for HELP in organising this so if anyone knows of anyone catering services/businesses who could do the catering (bbq and deserts), Knows someone has a microphone/speaker equipment, face painters, and anything else you think might add to the day, we'd be extremely grateful if you could get in touch asap to let us know by emailing us on info@cpunited.co.uk 😊

PARTINGTON UPDATE

We received some good news that the surface at Partington is finally going to be replaced with a new one. This is something we've been waiting for the past 6 years and will mean that the problems we have seen escalating recently with the pitch flooding and us having to cancel sessions because of that should be a thing of the past. It's a very welcome development and we are looking forward to playing on the new surface next season.

However, the downside of that means that unfortunately our season at Partington has to be cut short due to work starting on 16th May. This means our last session of the season at Partington will be on Saturday 14th May.

It also means our plans for having a family day in July will have to be postponed. Our plan is to start the new season earlier than we'd usually do and have our family day at the start of September (so we'd get 2 weeks back there)

It isn't ideal but there is nothing we can do about it and the pitch desperately needs replacing before it becomes dangerous.

All our weekly sessions will be going ahead as normal in Liverpool/Blackpool/Sandbach/Kendal and the monthly sessions at Carlisle, so if you would like to attend any of these whilst Partington is closed please do just let us know in advance.

CP CHALLENGE CUP



On 12th March both our adult's squads travelled to St George's Park to take part in the first CP challenge cup. Both very young squads did really well and gained vital experiences both on and off the pitch. It was really nice to get some CP competition in a great environment after years without being able to access this. Well done to all involved and thanks to Jacob and Archie from our u11s who came to support their older club mates on the day and were brilliant mascots too.

CP Challenge Cup will take place next year at SGP on Saturday 11th March 2023.

We have been busy with our fixture program since we started back in January with numerous events taking place monthly in the 4 leagues we are in.

League Games 2022

- *U13 - Warrington Inclusion League - next fixture 25th April
- *U16 - GMAC League - next fixtures 22nd Apr, 20th May
- *Adult Development LAC League - next fixtures 30th Apr, 28th May
- *Adults - LAC league - next fixtures 30th Apr, 28th May

The leagues will carry on over the next few months and we look forward to these fixtures and ending the season well





EASTER RAFFLE - £5.00 per ticket

We have an easter raffle – prizes are:

- Chocolate Box Set
- Bottle of Red & White Wine
- Bottle of Jack Daniels
- Football Flick Urban Skills Board

£5.00 per ticket prizes will be drawn on Sat 23rd April.



If you would like a ticket please email info@cpunited.co.uk and we will put your name into the hat. Payment can be made direct into the CPUFC bank account details at the bottom of the newsletter. PLEASE confirm via email when you have made payment

STEVE MORGAN FOUNDATION



The SMF have played a massive part in our survival as a charity and football club over the past 2 years with not only funding but in their support and reassurance. We are so very lucky to feel a part of the wider SMF family and long may that continue.



This past couple of weeks they have really looked after us again. On Sat 16th March they secured 4 tickets to the Liverpool FC legends game v Barcelona at Anfield. One of our trustee's James Trafford took along 3 of our young players to the game. They got to spend the day in a box and had some lovely food as well as watch the game and meet some of the SMF team. Jess age 12 from our Liverpool centre said she felt like a Queen!! Such special memories made for Jess, Max and Douglas!! (& James too).



On Monday 28th March Michelle and Ruth attended the SMF conference/ awards. We were nominated in the "changing young lives" category and out of nearly 400 nominations managed to come runners up!!!! We were amazed to make

the final 5 so to come away with runners up was just amazing! You might remember back in December we were asking people to vote for us at the public voting stage, thanks so much to everyone who took the time to vote for us as from there we went to the SMF in-house voting stage and got through as finalist. As part of coming runners up we also won £4k!!!! which will be such a massive help over the next couple of months and we are so grateful to the SMF team for their belief in us and for their continued kindness and support.

FAMILY ENGAGEMENT PROGRAM

This charity support program has unfortunately been quite difficult to get back to with all the covid restrictions we've faced and we are extremely conscious that all our newer players who have come over the past 18 months haven't really experienced this and all the benefits it has. This program does happen quite naturally especially at our Partington centre where we have the community room and parents and families come in and engage with each other and as a club we can support and signpost out to different things. We have also had to cancel our last 2 end of season family days too and will have to postpone this years. However, we are really looking forward to having a family engagement day at Partington on Saturday 30th April and 7th May where families can come into the community room and have a chat, some cake and catch up.

National Winners 2017
FA Charter Standard Development Club of the Year



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FUTURES PROGRAM



This years futures program was partly funded by the Mark Worthington foundation and we have 25 youngsters registered on it. All help out weekly across our centres and are doing an amazing job, they are really such a great help!! Their enthusiasm and support for the club is amazing to see. We unfortunately had a bit of a delay in starting this program due to covid, but got our first workshop done in February and have another one in place to support the adult's development game on 9th April.

COMMUNITY PROGRAM

This program has been busy once again since Christmas. So far, we have attended/delivered:



- Delivered 3 Warrington school sports partnership ability sports days at Orford Jubilee hub
- Been booked to deliver at the Disability Awareness Day in July 2022

-Set up a program to support student physios from across the region to gain hands on experience working with children who have CP within our tots and complex needs program as play facilitators within lots of different groups across our centres. Adding this team of student physios to our volunteer workforce has been such a massive help to us and has enabled us to continue to deliver our football programs across the centres. We have 35 helpers and we are very grateful for their support, enthusiasm and commitment.

THANK YOU'S



Thank you to Sandbach United FC
CPUFC were presented with a voucher that Sandbach United 1st Team had requested from FA England and Nike's inclusion fund to support the work we do. They gratefully received a voucher worth £110 plus some

balls and were delighted to pass them onto us before their local Derby game v Alsager town. Not to miss the chance of kicking a ball around, our little ones had a kick about on the main pitch and were mascots for the teams. After hot chocolate, they then got going on the fund raising!!! And collected £250 on the day. Thank you to Alsager Town FC and Sandbach United FC, for looking after us and for your kindness and support. Our 3 little superstars loved representing our club and their Cheshire centre and had a great day. Thanks also to Liz one of our lovely coaches who organised everything with SUFC. 🍌 ⚽

Thank you to Hope Dragons



Sending special thanks to everyone who played in and supported the charity Christmas football match that Hope Dragons YFC had today! They had a fantastic time and raised £266. The funds will be shared between Cerebral Palsy United FC and Flintshire Foodbank. Thank you so much for your kindness and support .

-A big thank you to Andrew Crerand (Ben's dad from our Adult Development group) for organising an employee Action grant from Shell for £350.

Thank you to all the parents and players who have recently sent in donations – it's amazing and we are so very grateful.



[Cerebral Palsy United FC](https://www.facebook.com/CerebralPalsyUnitedFC)



[cpunited_fc](https://www.instagram.com/cpunited_fc)

COACHES CORNER



Hello everyone

It's been a crazy few month's since we started back in January with lots going on both on and off the pitch. We are working so hard to sustain as much as we can and keep up with the massive amount of growth we are still experiencing. We are trying hard to continue to create as many opportunities as possible for all our members and despite still being in a pandemic - we are surviving.

It has been extremely challenging on so many levels this past 12 months with funding streams drying up and a volunteer and coaching workforce that is unfortunately, through no fault of anyone's extremely unpredictable. It is just the world we live in right now and everyone gets ill, has other commitments, has to work, has families....and we have ALL had our lives turned upside down and have all had changes in circumstances over the past 2 years. Navigating through all that each week to provide centres across the region has caused many headaches and much stress, as I am sure you can imagine and appreciate. Alongside this we have also seen changes at our venues which has given us some more unpredictable challenges and we have grown an awful lot in terms of numbers of children and adults attending our sessions...which is fantastic but also extremely tricky to manage and ensure everyone has what they need. The needs within our charity support programs has also increased due to many of our members needing some additional support with numerous things off the back of the past couple of years. I promise we are trying our very best to do all that we can, when we can. We have had to cancel or postpone things more often than we would have liked to this season for a few reasons, but unfortunately that is the reality of what we facing and I want to take this opportunity to thank you all for your patience and understanding.

The whole of the third sector of charities, foundations and community interest companies are all facing the same issues and unfortunately some have ceased to exist. We are extremely grateful to still be here after the past 2 years of wrestling with covid and all its challenges, however we still have many covid challenges they just look a bit different than the ones that the lockdowns and shielding and restrictions presented. We definitely need all your help to ensure that we can maintain what we provide and even if that is just your continued patience, understanding, open communication and verbal support it is so very much appreciated.

If there is anything else you can do in terms of external fundraising/donations please email us on info@cpunited.co.uk With the cost of living going up we are bracing ourselves for even more challenges to wrestle with in the next 12 months but we will, as ever work as hard as possible to do all we can to ensure CP United is a safe space for all our members and their families.

AMAZON SMILE – YOUR SHOPPING CAN HELP RAISE FUNDS FOR US



As many people do a lot of their shopping on line please give us some thought when you are shopping via Amazon. We are a registered charity on Amazon Smile. Using the link below will allow you to automatically assign us as your preferred charity for Amazon to donate to.

<https://smile.amazon.co.uk/ch/1175709-0>

Thank you for your continued support. Happy shopping ☺

SAFEGUARDING:

Please note our Safeguarding officers:-

Colin Scholes – Manchester/ Cheshire/Cumbria

James Trafford – Manchester/ Liverpool

Alan Williams – Lancashire

EVERYONE should feel safe playing the game we love.

The FA are launching [#PlaySafe](#) a national campaign in partnership with @NSPCC to ensure everyone understands how to play their part.

We are ALL responsible for looking after each.



For more info on all our safeguarding policies, procedures and protocols please visit our website. Colin Scholes is our club welfare officer and can help you with any questions and can be contacted at safeguarding@cpunited.co.uk

<https://www.cpunited.co.uk/safeguarding-welfare-support/>

I just wanted to take this newsletter as an opportunity to say hello and give a gentle reminder to all parents and spectators going to watch the any CPUFC fixtures to please keep as quiet as possible.

Its brilliant if you want to give praise and encouragement (to both sets of players on the pitch) but please NO instructions to anyone, especially your own child at any time. Please leave that to the coaches and to the players themselves. As ever we are very grateful for your support and enthusiasm but need you to remember it is THEIR game and their decisions to make and their lessons to learn. Unfortunately, if you don't remember this it actually becomes a hindrance rather than the help you are intending it to be.

We haven't had fixtures for a long time due to covid and we haven't really given any reminders about this and I think we are a bit out of practice when it comes to the standards, we want to hold on our side lines. We also have lots of new players/families so it's important that we keep communicating about our CPUFC Respect policy and the important role parents and spectators play in our culture of Respect. Your role is vital to the environment we try to create and also to the development of all the players involved...But please remember your role isn't one of giving instructions or shouting from the side lines, as this can really put off players and will interfere in THEIR learning process.

Unfortunately, players have flagged it with us recently. Hence the gentle reminder :)

Again, we really really appreciate your positive support and encouragement as always. If you have any questions on this please come and have a chat with me or Michelle on a Saturday

and we can explain in more depth about why it's so important.

PLEASE REMEMBER:



- This is THEIR "GAME"
- They "PLAY" and it should be Fun and full of creativity (Which WILL be messy!)
- They are children NOT mini Adult's (It won't look like match of the day)
- Only the coaches should be Coaching (that includes before, during & after training/games and at training)
- Please show RESPECT (to everyone ...including the players)
- Sit back and ENJOY watching your child's DEVELOPMENT

Thank you for your support ☺

I hope you'll all agree that creating the best environment we can for our players to enjoy their football is the most important thing.

Thanks for your help.
Colin
CPUFC safeguarding officer.

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HELP!!!

As Michelle has explained in her coaches corner piece it really has been a difficult season off the pitch and it is getting harder and harder to source funding support. Funding support is essential to us keeping our doors open and operating across the region on a regular and consistent basis.

If there is anything you can do to help please let us know. Thank you so much to those who have already done external fundraising events earlier this season, you really have made a difference. Here are some things you could do:

-Set up an external fundraising event ie; sponsored run, bike ride, bake sale etc. Collect cash or use a just giving page linked to CPUFC

-Make a donation or approach a company/business you know and ask them to make a donation

-Companies/businesses can also donate to or sponsor one of our charity support programs.

-Buy an Easter raffle ticket

-Take a donation box to put in your local shop/pub/organisation etc

MONTHLY DONATIONS

As we said above during this very uncertain time, we feel it is only right to acknowledge that you may have to suspend your monthly donations to CPUFC due to the financial implications of the Corona Virus. PLEASE don't worry if that is the case, we can always get them set back up again in the coming month's or whenever possible.

If you do want to make donations you can do this using the details below.

SORT CODE: 30-84-63

ACCOUNT NO: 57958560

ACCOUNT NAME: CP UNITED FOOTBALL CLUB

Remember Our Club Values:

- ⚽ Be kind to yourself and others
- ⚽ Show respect to yourself and others
- ⚽ Look after one another and yourself



BE THE BEST YOU CAN BE

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Cerebral Palsy United FC



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Registered Charity Number: 1175709

LINKEDIN

We now have a LinkedIn page thanks to Dan, one of our lovely Trustee's 😊

If you use the platform, it'd be great if you could 'hit share' with your own network on there.

Our first article is about the launch of this seasons Futures programme 🏀

<https://www.linkedin.com/.../futures-programme-launches...>

CPUFC KIT & CLUB SHOP

If you would like anymore kit, please see Ruth or Brian at Partington as we have a small stock in or speak to your Group Coach who will find out any information for you.

We also have a good stock of football boots in the container at Partington and we would encourage anyone to take a look, particularly the younger players whose feet tend to grow every few week ☺ We have lots of practically new boots in stock so again please just speak to Ruth or Brian.

Remember you can buy your new kit or replace old/lost kit at our online club shop. Please follow this link...

<http://www.clubwebshop.com/a-z/clubs/cerebralpalsyunitedfc/>



You will need to register as a member before you can buy anything

*please note you may have to attach the club badge to garments if it is not already assigned to the item. The main training club wear is found in the **Training Wear** tab.



We are officially a Nike partner club, which means our club shop will stay the same but we get bigger discounts, plus some other benefits which is great!

COACHA

This season we decided to use the app Coacha as a ways and means of getting everyone registered. With the growth of the centres and numbers and club as a whole we needed to come away from paper forms and have everyone's info stored in one accessible place. The app is working well and as some of you have noticed it also has other features. Ie; booking onto sessions. Initially we just used it for registration purposes but have since used it to group text for getting information out quickly to a large amount of people. Our next job is to train our coaches on how to access their groups and take registers and check who is attending. Please still bear with us as we are getting to know what works for us and what doesn't.

THANK YOU FOR BEARING WITH US 😊



We wish you all a very happy Easter and hope you all have a lovely break.

